

PRE PACKAGED FOOD & BEVERAGE ALLERGY MATRIX

**Latest Update:** 23/12/2021

**PLEASE NOTE:** This allergen information is compiled using data received from suppliers and we cannot accept liability for its accuracy or completeness. While every effort is made to keep this information up to date, from time to time there may be changes to product ingredients. It is essential to read the packaging, upon purchase of the product for direct information from the supplier.

Please note - not all products are available in all cinemas and some promotional, regional and trial products may not be listed. If you have any queries about the information provided contact ODEON Guest Services (Email: GS@Odeon.co.uk Post: FREEPOST ODEON)

Products	Pack size	PRODUCT INFORMATION				NUTRITIONAL INFORMATION PER 100G										NUTRITIONAL INFORMATION PER SERVING									
		INGREDIENTS (Allergens in BOLD)	Storage Information	Instructions for use	Serving size	ENERGY (KJ)	ENERGY (CAL)	FAT (g)	OF WHICH SATURATES (g)	CARBOHYDRATES (g)	OF WHICH SUGARS (g)	FIBRE (g)	PROTEIN (g)	SALT (g)	ENERGY (KJ)	ENERGY (CAL)	FAT (g)	OF WHICH SATURATES (g)	CARBOHYDRATES (g)	OF WHICH SUGARS (g)	FIBRE (g)	PROTEIN (g)	SALT (g)		
<b>PRE PACKED POPCORN</b>																									
Subsist Crunch Toffee Coated Popcorn 14 x 170g	170g	Sugar, Glucose Syrup, Popped Maize, Refined Oil, Butter (MLK), Salt, Single Cream (MLK), Invert Sugar Syrup, Molasses, Emulsifier: Sunflower Lecithin	Store in a cool, dry place. Once opened, store in an airtight container.	Warning: Whilst every effort is made to remove unpopped corn is taken, some hard kernels may remain which could damage your teeth.	30g (5.6 servings per pack)	1789	424	9.4	3.1	80	51	3.2	3.1	1.3	537	127	2.8	0.9	24	15	1	0.9	0.39		
EVENT POPCORN - Seeded Popcorn 180 x 50g	180 x 50g	Butterflr, Corn (Grain), Refined Oil, Sugar	Store in a dry and cool place, protect from sunlight		50g	2024	484	22	1.8	62	34	0	5.8	<0.01	1012	242	11	0.9	31	17	0	2.9	<0.005		
<b>CRISPS</b>																									
Tavito Murki Dory Cheese & Onion 135g	135g	Potato, Sunflower Oil, Cheese & Onion Flavour (Onion Powder, Yeast Powder, Dehydro, Salt, Flavourings (SOYA) (Contains Flavour Enhancer (E621), Colour (Annatto Carotenoids), Flavour Enhancer (E621), Smoke Flavouring), May contain traces of milk, barley and wheat.	Store in a cool dry place away from bright lights and strong flavours	Ready to eat	4 servings	2179	522	30.3	3.4	53.8	2.3	not declared	6.7	2	741	177	10.3	1.1	18.3	0.8	not declared	2.3	0.7		
Tavito Murki Dory Salt & Vinegar 135g	135g	Potato, Sunflower Oil, Salt & Vinegar Flavour Flavouring, Salt, Wheat Flour (WHEAT Flour, Calcium Carbonate, Iron, Nicotin, Thiamin), Potassium Chloride, Sugar, Acid (Citric Acid), Flavour Enhancer (E621), Acidity Regulators (Sodium Acetate, Sodium Citrate), May contain traces of soya, milk and barley	Store in a cool dry place away from bright lights and strong flavours	Ready to eat	4 servings	2201	527	31.4	3.5	54.7	0.6	not declared	5.1	2.5	748	179	10.7	1.2	18.6	0.2	not declared	1.7	0.8		
Tavito Murki Dory Sour Cream & Onion 135g	135g	Potato, Sunflower Oil, Sour Cream & Onion Flavour (Salt, Sugar, Skimmed Milk Powder, Onion Powder, Flavour Enhancer (E621), White Powder (MLK), Yoghurt Powder (MLK), Butter, MLK Powder, Cream Powder (MLK), Dehydro, Yeast Powder, Acid (Lactic Acid, Citric Acid), Acidity Regulator (Calcium Lactate), Flavourings (MLK), May contain traces of wheat, barley and soya.	Store in a cool dry place away from bright lights and strong flavours	Ready to eat	4 servings	2209	529	30.9	3.5	55.2	3.9	not declared	6	1.7	751	180	10.5	1.2	18.8	1.3	not declared	6	1.7		
Tavito Murki Dory Buffalo 135g	135g	Potato, Sunflower Oil, Spicy Buffalo Wing Flavour (Coffeour, Sugar, Salt, Flavourings (SOYA, BARLEY, WHEAT) (Contains Colour (Paprika Extract), Yeast Extract, Flavour Enhancer (E621), Onion Powder, Potassium Chloride, Spice, Citric Acid), Acidity Regulator (Sodium Acetate), Garam Powder, Lactose (MLK), Smoke Flavourings, Acid (Citric Acid), Colour (Paprika Extract, Curcumin), Sweetener (Saccharin) (MLK), May contain traces of wheat, barley and soya.	Store in a cool dry place away from bright lights and strong flavours	Ready to eat	4 servings	2171	520	30.2	3.3	54.7	2.5	not declared	5.6	2.5	738	177	10.3	1.1	18.6	0.8	not declared	1.9	0.9		
Tavito Cheese & Onion 135g	135g	Potato, Sunflower Oil, Cheese & Onion Flavourings, Salt, Wheat Flour, Dehydro, Flavour Enhancer (E621, E630), Cheese Powder (MB), Colour (Turmeric Extract, Paprika Extract), May contain traces of Soya and Barley	Store in a cool dry place away from bright lights and strong flavours	Ready to eat	4 servings	2162	519	34.3	3.9	46	0.6	not declared	5.8	1.5	735	176	11.7	1.3	15.6	0.2	not declared	2	0.5		
<b>NUTS</b>																									
Sensations Nuts California Honey 145g	145g	Peanuts, Sugar, Sunflower Oil, Potato Starch, Honey Powder, Wheat Starch, Fructose, Salt, Tapioca Dextrin, Colour, (Plan Carame), Molasses Powder, Thickener Agent (Xanthan Gum)	Dry, clean and at ambient temperature. Once opened, store in an airtight container and consume within 3 days.	N/A	30g	2348.0	561.0	40.0	5.8	31.0	25.0	5.0	19.0	1.4	704.4	168.3	12	1.74	9.3	7.5	1.5	5.7	0.42		
Sensations Shewhiki Mexico 115g	115g	Corn (24%), Bread Beans (12%), Peanuts (11%), Rice, Sunflower Oil with Antioxidant (Tocopherol-Rich Extract), Sugar, Starch (contains Wheat), Salt, Mexican Flavour (Paprika Powder, Chili Powder, Cumin, Cayenne Pepper, White Pepper, Garlic Powder, Onion Powder, Dehydro, Yeast Powder, Yeast Extract, Tomato Powder, Flavouring, Acid (Citric Acid), Soy Sauce (contains Wheat, Colours (E102, E104, E129), Flavouring, Potassium Chloride, Raising Agents (Sodium Bicarbonate, Ammonium Bicarbonate), Caramelised Sugar, Turmeric Extract, Calcium Lactate, Lactose Powder)	Dry, clean and at ambient temperature	N/A	30g	2163.0	518.0	28.3	3.4	51.7	5.8	6.0	11.0	1.6	648.9	155.4	8.5	1.0	15.5	1.7	1.8	3.3	0.5		
Sahara Hot Nuts Medium	90g	Peanuts 40%, Potato Starch, Vegetable Oils (Palm, Rapeseed), Salt, long Sugar, Wheat Starch, Spice (Chili Powder, Cumin Seed, Chileo Paprika Powder, Oregon), Flavour Enhancer (E621) Onion Modified Maize Starch, Tomato Powder, Flavour (contains Celery Colour (E 120, E 160a), Antioxidant (E301), Spice Extract)	Best before see box		90g	2227	534	34	8	41.2	4.6	0	13.9	4.1	2004	480	31	7.2	37	4.14	0	12.51	3.69		
Sahara Hot Nuts Large	120g	Peanuts 40%, Potato Starch, Vegetable Oils (Palm, Rapeseed), Salt, long Sugar, Wheat Starch, Spice (Chili Powder, Cumin Seed, Chileo Paprika Powder, Oregon), Flavour Enhancer (E621) Onion Modified Maize Starch, Tomato Powder, Flavour (contains Celery Colour (E 120, E 160a), Antioxidant (E301), Spice Extract)	Best before see box		120g	2972	641	40.8	9.6	49.44	5.52	0	16.68	4.92	2672	641	40.8	9.6	49.44	5.52	0	16.68	4.92		
Sahara Hot Nuts X-Large	180g	Peanuts 40%, Potato Starch, Vegetable Oils (Palm, Rapeseed), Salt, long Sugar, Wheat Starch, Spice (Chili Powder, Cumin Seed, Chileo Paprika Powder, Oregon), Flavour Enhancer (E621) Onion Modified Maize Starch, Tomato Powder, Flavour (contains Celery Colour (E 120, E 160a), Antioxidant (E301), Spice Extract)	Best before see box		180g	4009	961	61.2	14.4	74.2	8.28	0	25	7.38	4009	961	61.2	14.4	74.2	8.28	0	25	7.38		
<b>FRUIT</b>																									
Urban Fruit Strawberry 90g	90g	Strawberries, Apple Juice Concentrate (Our packing house handles nuts and seeds)	Store in a cool and dry place	N/A	90g	1218	291	0.2	0	67.3	58.1	6.1	2.0	0	1066	262	0.18	0	61	35	5.5	1.8	0		
<b>HANG BAGS</b>																									
Maltless Pouch 100g	100g	Sugar, Skimmed Milk Powder, Cocoa Butter, Glucose Syrup, BARLEY malt extract, Cocoa Mass, Palm Fat, LACTOSE and protein from whey (from MLK), Emulsifiers (SOYA lecithin E492, WHEAT flour, Palm kernel fat, Palm kernel oil, Raising agents (E341 E500 E501) WHEAT (gluten, Salt, Glazing agent (beta) natural vanilla extract, Milk chocolate contains milk solids 14% minimum, Milk chocolate contains vegetable fats in addition to cocoa butter	Store in a cool dry area. Best before date on reverse of pouch	N/A	3 servings per pouch	2105 KJ	503 kcal	25g	15g	62g	53g	N/A	8.1g	0.42g	751 kJ	171 kcal	8.4g	5.2g	21g	18g	N/A	2.8g	0.14g		
Saltwa Mixable 125g	125g	Sugar, Cocoa butter, Skimmed Milk powder, Cocoa mass, LACTOSE and protein from whey (from MLK), Palm fat, Whey powder (from MLK) MLK fat, Emulsifier (SOYA lecithin), Natural colour (Curcumin), Vegetable carbon (Beetroot red) Starch, Glazing agent (Carnauba wax) Palm kernel oil, Natural vanilla extract, Milk chocolate contains milk solids 14% minimum, Milk chocolate contains vegetable fats in addition to cocoa butter	Store in a cool dry area. Best before date on reverse of pouch	N/A	3 servings per pouch	2087 KJ	498 kcal	22g	13g	69g	69g	N/A	5.3g	0.24g	868 kJ	207 kcal	9.1g	5.4g	29g	28g	N/A	2.2g	0.10g		
Munchies Pouch 8x104g	8x104g	Sugar, Glucose syrup, Whole and skimmed milk powder, Vegetable fats (Palm, Rapeseed, Shea), Bpof Mango kernel Kolum gurg/ Salt, Invert sugar syrup, Cocoa butter, Cocoa mass, Sweetened condensed skimmed milk, Lactose and protein from whey (from MLK), Whey powder (from MLK), Wheat flour (contains Calcium, Iron, Thiamin and Niacin), Emulsifier (Sunflower lecithin), Barley malt extract, Raising agents (Ammonium bicarbonate, Sodium Bicarbonate), Salt, Natural vanilla Flavouring	Store cool and dry	Important: Young children (less than 4 years) have limited chewing ability and could choke on small sweets.	6 pieces	2051	490	23.4	12.8	64.4	56.9	1.2	4.6	0.32	561	134	6.4	3.5	17.6	15.6	0.3	1.3	0.09		
Milubar Guard Biscuits 8x103g	8x103g	Ingredients: Whole and skimmed milk powder (37.9%), Sugar, Cocoa butter, Vegetable fat (Palm) Shea Mango kernel Salt, Emulsifier (Sunflower lecithin), Natural flavouring. Allergy advice! For allergens see ingredients in bold. May contain soya. Important: Young children (less than 4 years) have limited chewing ability and could choke on small sweets.	Store cool and dry	Important: Young children (less than 4 years) have limited chewing ability and could choke on small sweets.	10 pieces	2270	543	31.7	19.1	53.1	52.6	0	10.6	0.34	454	109	6.4	3.9	10.7	10.6	0	2.1	0.07		
Fruit Palettes Bag 10x110g	10x110g	Sugar, Glucose syrup, Gelatine, Gum arabic, Modified starch, Concentrated Fruit Juice (1%)(Blackcurrant, Orange, Lime, Lemon, Strawberry), Acids (Malic acid, Citric acid, Lactic acid), Acidity regulator (Triosman citrate), Colour (Anthocyanins, Curcumin, Beta-carotene, Copper complex of chlorophyllin), Flavouring	Store cool and dry	Important: Young children (less than 4 years) have limited chewing ability and could choke on small sweets.	7 sweets	1467	345	0.1	0	79	55.9	3.9	4.2	0.27	391	92	1000	21.1	14.9	1	1.1	0	0		
Sensations Blueberry Chaiiroo Bar 12x100g	12x100g	Glucose Syrup, Sugar, Gelatine, Concentrated Fruit Juices (1.3%) (Apple, Raspberry, Orange, Raspberry), Lemon, Mandarin, Strawberry, Black carrot, Acids (Citric acid, Tartaric acid, Malic acid), Flavourings, Glaze (Vegetable fat: Palm kernel, Glazing agent: Carnauba wax), Fruit and vegetable concentrate (Black carrot, Hibiscus, Camo, Safflower), Spirulina concentrate, Vegetable oils (Cocoon, Rapeseed), Invert sugar syrup, Fructose, Natural colour (Natural colour: Paprika extract, Chlorophyllin and chlorophyllin, Carotenes), Stabilisers (Calcium salts, Locust bean gum), Acidity regulators (Sodium ascorbate, Sodium citrate), Fruit puree concentrates (Blueberry, Strawberry, Raspberries), Salt, Chlorophyllin extract	Store cool and dry	Important: Young children (less than 4 years) have limited chewing ability and could choke on small sweets.	7 sweets	1420	334	0.1	0.1	77.4	53.1	1.1	5.4	0.03	414	97	1000	22.6	15.5	0.3	1.6	0.01			

Munchies Biscuits	8x10x1	Sugar, Vegetable fats (Palm, Rapeseed, Mango kernel, Sal, Shea), <b>MILK</b> powders (Whole and skimmed), Cocoa butter, Lactose and proteins from whey (from <b>MILK</b> ), Whey powder (from <b>MILK</b> ), Cocoa mass, Wheat Flour Contains Calcium, Iron, Thiamin and Niacin, Fat reduced cocoa powder, Emulsifier (Sunflower lecithin), Raising agents (Sodium bicarbonate, Ammonium carbonate), Natural Flavourings, Salt, Wheat gluten powder.	Store cool and dry		2240	536	30.3	15.7	58.3	54.4	1.7	6.2	0.28	591	142	8	4.1	15.4	14.4	0.5	1.6	0.07	
Lero Bubbles Popcorn	8x10x2	Sugar, Vegetable fats (Mango kernel, Palm, Sal, Shea), Butterflow, Coconut, Lactose and proteins from whey (from <b>MILK</b> ), Whey powder (from <b>MILK</b> ), Skimmed milk powder, Dried whole milk, Cocoa butter, Cocoa mass, Butterfat (from <b>MILK</b> ), Emulsifier (Sunflower lecithin), Glazing agent (Zinc acrylate), Glucose syrup, Natural flavourings, Colours (Copper complexes of chlorophylls, Curcumin).	Store cool and dry		2242	536	29.7	17.7	62.4	62.1	0.7	4.3	0.22	536	128	7.1	4.2	15	14.9	0.2	1	0.05	
Cadbury Glazed Buttons	119g	<b>MILK**</b> Sugar Cocoa Butter Cocoa Mass Vegetable Fats (Palm, Shea) Emulsifier (E442) Flavourings ***The equivalent of 426 ml of Fresh Liquid <b>MILK</b> in every 227 g of <b>MILK</b> Chocolate <b>MILK</b> Solids 20 % minimum, actual 23 % Cocoa Solids 20 % minimum, actual 23 % Contains Vegetable Fats in addition to Cocoa Butter <b>MILK**</b> Sugar Cocoa Butter Cocoa Mass Whey Powder (from <b>MILK</b> ) Vegetable Fat (Palm, Shea) Emulsifier (E442, E471) Flavourings <b>MILK</b> Solids 14 % minimum Cocoa Solids 25 % minimum Contains Vegetable Fats in addition to Cocoa Butter	Ambient- Store in a dry place, protect form heat		2234	535	30	18	57	56	2.1	7.3	0.24	559	134	7.6	4.6	14	14	0.5	1.8	0.06	
Tast Ribes	100g	<b>MILK**</b> Sugar Cocoa Butter Glucose Syrup Vegetable Fats (Palm, Shea) Glucose-Fruuctose Syrup Cocoa Mass Whey Powder (from <b>MILK</b> ) Emulsifier (E442) Flavourings Salt Sodium Hydrogen Carbonate <b>MILK</b> Chocolate <b>MILK</b> Solids 20 % minimum, actual 23 % Contains Vegetable Fats in addition to Cocoa Butter ***The equivalent of 426 ml of Fresh Liquid <b>MILK</b> in every 227 g of <b>MILK</b> Chocolate <b>MAY CONTAIN NUTS</b>	Ambient- Store in a dry place, protect form heat		2216	530	29	17	58	58	2.3	7	0.25	496	119	6.5	3.8	13	13	0.5	1.6	0.06	
Caramel Nibbles	120g	<b>MILK**</b> Sugar Cocoa Butter Glucose Syrup Vegetable Fats (Palm, Shea) Glucose-Fruuctose Syrup Cocoa Mass Whey Powder (from <b>MILK</b> ) Emulsifier (E442) Flavourings Salt Sodium Hydrogen Carbonate <b>MILK</b> Chocolate <b>MILK</b> Solids 20 % minimum, actual 23 % Contains Vegetable Fats in addition to Cocoa Butter ***The equivalent of 426 ml of Fresh Liquid <b>MILK</b> in every 227 g of <b>MILK</b> Chocolate <b>MAY CONTAIN NUTS</b>	Ambient- Store in a dry place, protect form heat		2079	497	26	15	59	52	1.6	5.7	0.32	520	124	6.5	3.8	15	13	0.4	1.4	0.08	
Wine Gums	180g	Glucose Syrup (contains Sulphites) Sugar Starch Gelatine Acids (Malic Acid, Acetic Acid) Colours (Anthocyanins, Vegetable Carbon, Paprika Extract, Lutein, Curcumin) Flavourings, Vegetable Oil (Palm kernel, Coconut, Sunflower) Citric Acid, Carnauba Wax.	Ambient- Store in a dry place, protect form heat		1400	329	0.2	0.2	76	57		4.8	0.03	330	78	<0.1	<0.1	18	14	1.1	<0.1		
Sour Patch Kids	140g	Sugar Glucose Syrup Water Starch Gelatine Acid (Malic Acid) Concentrated Apple Juice Colours (Anthocyanins, Vegetable Carbon, Paprika Extract, Lutein, Curcumin) Acidity Regulators Citric Acid Calcium Hydroxide Palm Oil	Ambient- Store in a dry place, protect form heat		1386	326	0.1	<0.1	77	63		2.8	0.03	333	78	<0.1	<0.1	18	15		0.7	<0.01	
Cadbury Puds 35g	35g	<b>MILK**</b> Sugar, Vegetable Fats (Palm, Rapeseed, Shea), Skimmed Milk Powder, Lactose (from <b>MILK</b> ), Cocoa Mass, Cocoa Butter, Fat Reduced Cocoa Powder, Chopped Hazelnut, Rice Flour, Emulsifier (Soya Lecithin), (E442, E471) Flavourings, Salt, ***The equivalent of 426ml of Fresh liquid Milk in every 227g of Milk Chocolate, Milk Solids 20% minimum, actual 23%, Contains Vegetable Fats in addition to Cocoa Butter	Store in a dry place, protect form heat		2351	564	36	18	53	53	2	6.1	0.26	423	197	13	6.3	18	18	0.7	2.1	0.06	
Cadbury Mini Fingers	125g	Wheat Flour (with Calcium, Iron, Niacin, Thiamin) Sugar Vegetable Oil (Palm, Rapeseed) Cocoa Butter Cocoa Mass Skimmed Milk Powder Whey Permeate (from <b>MILK</b> ) Fat Partially Inverted Sugar Syrup Salt Emulsifiers (E442, E471, Soya Lecithin) Raising Agents (Sodium Bicarbonate, Ammonium Hydrogen Carbonate) Flavourings <b>MAY CONTAIN NUTS</b>	Ambient- Store in a dry place, protect form heat	25g (Ct 8 Biscuits)	2109	504	24	12	64	37	2.3	6.1	0.45	527	126	6.1	3.1	16	9.3	0.6	1.5	0.11	
<b>MISC</b>																							
Junior Extra Flavour Mints	41.3g	Sugar Glucose Syrup Starch Natural Milk Flavouring Gelatine Stabiliser (E415)	Ambient- Store in a dry place, protect form heat		1677	395	<0.1	0	98	94		0.3	<0.01	40	9	<0.1	0	2.4	2.3		<0.1	0	
<b>KIDS MIX SWEETS</b>																							
BEAR YoYo Strawberry 20g Deliated	20g	Apples (65.9%), pears (32.9%), strawberries (1.0%), black carrot extract (0.3%)	Store in a cool and dry place	N/A	20g	1170	280	0	63	62	10	1.9	0	234	56	0	0	13	8.4	2.0	0.4	0	
BEAR YoYo Blackcurrant Sour 20g Deliated	20g	Apples (40%), Pears (20%), Lemon Juice (3%), Butternut Squash (11%), Blackcurrant (5%), Carrot (5%), Beetroot (5%), Spirulina Extract (0.13%)	Store in a cool and dry place	N/A	20g	1170	280	0	63	62	10	1.9	0	234	56	0	0	13	8.4	2.0	0.4	0	
BEAR YoYo Blackcurrant 20g	20g	Apples (61.7%), pears (30.3%), blackcurrants (7.5%)	Store in a cool and dry place	N/A	20g	1170	280	0	63	62	10	1.9	0	234	56	0	0	13	8.4	2.0	0.4	0	
BEAR YoYo Strawberry Xtreme 20g	20g	Apples (41.7%), pears (41.7%), pumpkin (7.3%), strawberries (8.0%), lemon (3.2%), black carrot extract (0.1%)	Store in a cool and dry place	N/A	20g	1170	280	0	63	62	10	1.9	0	234	56	0	0	13	8.4	2.0	0.4	0	
Cadbury Animal Biscuits	139.3g	Wheat Flour Sugar Vegetable Oil (Palm, Rapeseed) Cocoa Butter Cocoa Mass Skimmed Milk Powder Whey Permeate (from <b>MILK</b> ) Fat Reduced Cocoa Powder 1.4 % <b>MILK</b> Fat Raising Agents Aluminium Carbonates, Sodium Carbonates, Disodium Sulphates (E442, E471) Flavourings, May Contain Nuts	Ambient- Store in a dry place, protect form heat	19.9g (bag)	2025	483	20	9.1	67	27	2.8	7.7	0.64	405	96	4	1.8	13.3	5.4	0.6	1.5	0.14	
Cadbury Bubbles 14.4g	14.4	<b>MILK**</b> Sugar Cocoa Butter Cocoa Mass Vegetable Fats (Palm, Shea) Emulsifier (E442) Flavourings <b>MILK</b> Solids 20 % minimum, actual 23 % Cocoa Solids 20 % minimum Contains Vegetable Fats in addition to Cocoa Butter ***The equivalent of 426 ml of Fresh Liquid <b>MILK</b> in every 227 g of <b>MILK</b> Chocolate	Ambient- Store in a dry place, protect form heat		30g	2234	535	30	18	57	56	2.1	7.3	0.24	670	160	9.1	5.5	17	17.6	2.2	0.07	
Islip Tots 25g	20x4x29g	Sugar, Cocoa Syrup, Starch, Acids (Malic Acid, Citric Acid, Lactic Acid), Concentrated Fruit Juices (Apple, Blackcurrant, Lemon, Orange, Strawberry, Lemon), Acidity Regulator (Sodium Citrate), Flavourings, Colours (Anthocyanins, Copper Complexes of Chlorophylls, Beta-Carotene, Curcumin)	Store in a cool, dry place	Young children (less than 4 years) have limited chewing ability and could choke on small sweets.	1403	330	0.1	0.1	76.2	58.8	0	4.9	0.05	275	65	10x6	10x6	15.2	11.4	0	1	0.01	
REL O Tube 52g	36x2g	Glucose Syrup, Sugar, Whole and Skimmed Milk Powder, Invert Sugar Syrup, Cocoa Mass, Vegetable Fats (Palm, Mango kernel, Sal, Shea), Cocoa Butter, Sweetened Condensed Skimmed Milk, Butterfat (from <b>MILK</b> ), Lactose and Proteins from Whey (from <b>MILK</b> ), Whey powder (from <b>MILK</b> ), Emulsifier (Sunflower lecithin), Salt, Flavourings	Store cool and dry	Young children (less than 4 years) have limited chewing ability and could choke on small sweets	2004	478	20.7	11.4	67.4	58	1.2	4.8	0.32	521	124	5.4	3	17.5	15.1	0.3	1.2	0.08	
Smarties Multicolour	12 x 4 x 34g	Sugar, Skimmed Milk Powder, Cocoa Mass, Cocoa Butter, Wheat Flour, Butterfat (from <b>MILK</b> ), Lactose and Proteins from Whey (from <b>MILK</b> ), Rice Starch, Emulsifier (Sunflower lecithin), Colours (Beetroot Red, Carmine, Curcumin), Natural Flavouring, Spirulina Concentrate, Glazing Agents (Carnauba Wax, Beeswax White), Fruit and Vegetable Concentrates (Safflower, Radish), Barley Malt Extract	Store cool and dry	Important: Young children (less than 4 years) have limited chewing ability and could choke on small sweets.	1 bag	1973	470	18.8	68	62.8	1.8	6.3	0.12	337	80	3.2	1.9	11.6	10.7	0.3	1.1	0.02	
Nestle Snowies Mini Bao 15g	60x15g	Sugar, Cocoa butter, Skimmed milk powder, Cocoa mass, Butterfat (from <b>MILK</b> ), Wheat flour, Lactose and proteins from whey (from <b>MILK</b> ), Rice starch, Emulsifier (sunflower lecithin), Fruit and vegetable concentrates (safflower, Radish, Black carrot, Lemon, Hibiscus), Spirulina concentrate, Glazing agents (Carnauba wax, Beeswax white), Natural vanilla flavouring.	Store cool and dry	Important: Young children (less than 4 years) have limited chewing ability and could choke on small sweets.	1 bag	2006	478	19.6	11.3	69.5	64.1	1	5.4	0.14	301	72	2.9	1.7	10.4	9.6	0.2	0.8	0.02
Nestle Snowies Mini Bao 20g	60x20g	Glucose syrup, Sugar, Gelatine, Acids (Malic acid, Tartaric acid, Citric acid), Concentrated apple juice (1%), Flavourings, Glaze (Palm oil, Glazing agent: Carnauba wax), Fruit and vegetable concentrates (black carrot, Cant, Hibiscus), Acidity regulator (Sodium bicarbonate), Invert sugar syrup, Vegetable fats (Coconut, Rapeseed, Sunflower), Colours (Chloophylls and chlorophylls, Paprika extract, Carotenes), Maltodextrin.	Store cool and dry	Important: Young children (less than 4 years) have limited chewing ability and could choke on small sweets.	1 bag	1403	330	0.1	0.1	76.2	58.8	0	4.9	0.05	275	65	10x6	10x6	15.2	11.4	0	1	0.01
Nestle Milkbar Mini Bao 12g	60x12g	<b>MILK</b> powders (Whole and skimmed) (27.5%), Sugar, Cocoa butter, Vegetable Fat (Mango kernel/Palm/Sal/Shea), Emulsifier (Sunflower lecithin), Natural Flavouring	Store cool and dry	Important: Young children (less than 4 years) have limited chewing ability and could choke on small sweets.	1 bag	2265	542	31.7	19.1	52.9	52.5	0	10.8	0.35	272	65	3.8	2.3	6.3	6.3	0	1.3	0.04
Kit Kat Santa Milk Chocolate 29g	29g	Sugar, Vegetable Fats (Palm, Rapeseed, Sunflower), Skimmed Milk Powder, Cocoa Butter, Cocoa Mass, Rice Flour, Lactose (from <b>MILK</b> ), Fat-Reduced Cocoa Powder, Whey Powder (from <b>MILK</b> ), Butterfat (from <b>MILK</b> ), Emulsifier (Lecithin), Potato Starch, Maize Starch, Raising Agent (Sodium Bicarbonate), Salt, Whey Protein Concentrate (from <b>MILK</b> ), Natural Flavourings, Vegetable Fibre (Bamboo), Milk Chocolate contains <b>MILK</b> Solids 54% minimum. May contain Tree Nuts.	Store in a cool, dry place	Ready to eat	1 bar (29g)	537	2242	31.4	17.3	55.6	50.4	2.9	6.2	0.25	650	156	9.1	5	16.1	14.6	0.8	1.8	0.07
<b>Coffee Impulse</b>																							
SG Chocolate Drip Cakes	70g	Chocolate Cake (62%) (Sugar, Rapeseed Oil, EGG WHEAT Flour WHEAT Flour, Calcium Carbonate, Iron, Niacin, Thiamin), Raising Agents (E500i, E40i, E341), Chocolate Cake Mix (Cocoa Powder, Modified Maize Starch, Potate Starch, WHEAT Flour (WHEAT Flour, Calcium Carbonate, Iron, Niacin, Thiamin), Chocolate (Sugar, Cocoa Mass, Fat Reduced Cocoa Butter, Flavouring), Fat Reduced Cocoa Powder, Raising Agents (E500, E40i, E341), Skimmed Milk Powder, Rapeseed Oil, Whey Powder (MILK), WHEAT Starch, Emulsifiers (E471, E447, E481), WHEAT Gluten, Salt, Flavouring, Stabiliser (E415)), Water, Flavouring, Humectant (E422), Chocolate Chips (Sugar, Cocoa Mass, Cocoa Butter, Emulsifier (SOYA Lecithin)), Flavouring), Preservative (E202), Chocolate Butter Cream Icing (35%) (Icing Sugar, Butter (Butter (MILK)), Salt), Cocoa Powder, Flavouring, Humectant (E422), Milk Chocolate Curly (1.5%) (Sugar, Cocoa Mass, Cocoa Butter, Whole Milk Powder, Skimmed Milk Powder, Emulsifier (SOYA Lecithin), Natural Vanilla Flavouring).	Store in a cool, dry place For best before See Film	Consumes consumed within 24hrs	1 Spoon	1824.00	436.00	24.00	9.70	49.00	37.00	1.90	3.80	0.90	1259.00	301.00	24.00	9.70	49.00	37.00	1.90	3.80	0.90





250ml	Water, Orange Juice from Concentrate (8%), Acid (Citric Acid), Natural Orange Flavouring, Preservatives (Dimethyl Diphosphate, Potassium Sorbate), Antioxidants (Ascorbic Acid, Tocopherol), Acidity Regulator (Sodium Citrate), Sweeteners (Sucralose, Acesulfame K), Natural Flavouring, Preservatives (Potassium Sorbate, Dimethyl Diphosphate), Stabiliser (Karamell Gum), Vitamins (Niacin, Pantothenic Acid, B6, Folic Acid)	Store in a cool, dry place away from direct sunlight. Best before end see bottle neck for date.	Shake well before use. Best served chilled. Once opened, refrigerate and use within 3 days. Warning: Choking risk. This cap contains small parts. Not suitable for children under 36 months.	250	36	9	0.6	0.6	0.6	0	0	0.03	90	22.5	1.5	1.5	1.5	1.5	0	0	0.1
250ml	Water, Apple Juice from Concentrate (8%), Blackcurrant Juice from Concentrate (2%), Acid (Citric Acid), Acidity Regulator (Sodium Citrate), Sweeteners (Sucralose, Acesulfame K), Natural Flavouring, Preservatives (Potassium Sorbate, Dimethyl Diphosphate), Stabiliser (Karamell Gum), Vitamins (Niacin, Pantothenic Acid, B6, Folic Acid)	Store in a cool, dry place away from direct sunlight. Best before end see bottle neck for date.	Shake well before use. Best served chilled. Once opened, refrigerate and use within 3 days. Warning: Choking risk. This cap contains small parts. Not suitable for children under 36 months.	250	21	5	0	1.2	1.1	0	0	0.03	52.5	12.5	0.0	0.0	3	2.8	0.0	0.0	0.1
<b>IMPULSE ICES</b>																					
110ml	Reconstituted skimmed <b>MLK</b> , sugar, cocoa butter, water, coconut oil, cocoa mass, glucose syrup, glucose-fructose syrup, whole <b>MLK</b> powder, whey solids ( <b>MLK</b> ), emulsifiers (SOY lecithin, E471, E472), enhanced vanilla bean pieces, stabilisers (E407, E410, E412), natural vanilla flavouring, with <b>MLK</b> , flavouring, colour (E160a). May contain: almonds. Gluten Free. Rainforest Alliance Certified.	Store at -18 degrees C		110ml	1266	302	18	13	30	27	3.3	0.12	1000	239	14	10	24	21		2.6	0.1
110ml	Reconstituted skimmed <b>MLK</b> , sugar, cocoa butter, water, coconut oil, glucose syrup, whole <b>MLK</b> powder, glucose-fructose syrup, whey solids ( <b>MLK</b> ), butter oil ( <b>MLK</b> ), skimmed <b>MLK</b> powder, emulsifiers (E471, E442, E472), enhanced vanilla bean pieces, stabilisers (E412, E410, E407), natural vanilla flavouring, with <b>MLK</b> , flavouring, colour (E160a). May contain: soy and almonds. Gluten free. Rainforest Alliance Certified.	Store at -18 degrees C		110ml	1258	300	17	12	32	29	3.5	0.15	994	237	14	9.7	25	23		2.7	0.12
88ml	Reconstituted skimmed <b>MLK</b> , sugar, cocoa butter, water, coconut oil, glucose-fructose syrup, cocoa butter, whole <b>MLK</b> powder, glucose syrup, butter oil ( <b>MLK</b> ), whey solids ( <b>MLK</b> ), fat reduced cocoa powder, emulsifiers (E471, E472, E442), stabilisers (E407, E412, E410, E407), modified starch, colours (E160, E160a), skimmed <b>MLK</b> powder, enhanced vanilla bean pieces, natural vanilla flavouring (with <b>MLK</b> ), flavourings, salt. Gluten free. Rainforest Alliance Certified.	Store at -18 degrees C		88ml	1408	338	20	14	36	33	3.2	0.17	1028	246	14	11	26	24		2.4	0.17
88ml	Reconstituted skimmed <b>MLK</b> , sugar, raspberry puree (12%), glucose-fructose syrup, coconut oil, cocoa mass, cocoa butter, skimmed <b>MLK</b> powder or concentrate, whole <b>MLK</b> powder, glucose syrup, butter oil ( <b>MLK</b> ), fat reduced cocoa powder, emulsifiers (E471, E442, E472), whey solids ( <b>MLK</b> ), stabilisers (E440, E412, E410), skimmed <b>MLK</b> powder or concentrate, glucose-fructose syrup, emulsifiers (E471, E442, E472), stabilisers (E407, E410, E412), cocoa powder, salt, flavourings. May contain: soy and almond. Rainforest Alliance Certified.	Store at -18 degrees C		88ml	1367	326	19	14	35	28	2.9	0.14	998	238	14	10	26	20		2.1	0.1
90ml	Reconstituted skimmed <b>MLK</b> , sugar, cocoa butter, glucose syrup, cream ( <b>MLK</b> ) (4.3%), whole <b>MLK</b> powder, vegetable oils (sunflower, coconut), fructose, <b>WHEAT</b> flour, butter oil ( <b>MLK</b> ), whey solids ( <b>MLK</b> ), skimmed <b>MLK</b> powder or concentrate, glucose-fructose syrup, emulsifiers (E471, E442, E472), stabilisers (E407, E410, E412), cocoa powder, salt, flavourings. May contain: soy and almond. Rainforest Alliance Certified.	Store at -18 degrees C		90ml	1330	317	18	12	34	28	4	0.21	1080	260	15	9.6	28	23		3.2	0.17
90ml	Water, sugar, cocoa butter, cocoa mass, glucose syrup, coconut oil, glucose fructose syrup, pea protein, flavourings, emulsifiers (sunflower lecithin E471), enhanced vanilla bean pieces, stabilisers (E412, E410, E407), salt, colour (E160a). May contain milk. Rainforest Alliance Certified.	Store at -18 degrees C		90ml	1383	330	20	14	34	28	1.6	0.11	982	234	14	9.9	24	20		1.1	0.08
100ml	Cream ( <b>MLK</b> ) (27%), water, condensed skimmed <b>MLK</b> , sugar, <b>WHEAT</b> flour, invert sugar, free range <b>EGG</b> yolk, vegetable oils (coconut, fully refined soybeans), butter ( <b>MLK</b> ), fat reduced cocoa powder, whole <b>EGG</b> , cocoa mass, molasses, vanilla extract, stabilisers (gum gum, carrageenan), flavourings, salt, cocoa butter, emulsifier ( <b>SOY</b> lecithin), natural vanilla flavouring, <b>MLK</b> , natural vanilla flavouring. Sugar, cocoa, vanilla: traded in compliance with Fairtrade Standards, total 22%.	Store at -18 degrees C		100ml	1158	276	16	9.9	30	25	4	0.14	880	210	12	7.5	23	19		3	0.11
100ml	Water, cream ( <b>MLK</b> ) (24%), sugar, condensed skimmed <b>MLK</b> , cocoa powder (4%), <b>WHEAT</b> flour, fat reduced cocoa powder, fully refined soybean oil, invert sugar, free range <b>EGG</b> yolk, whole <b>EGG</b> white, salt, stabilisers (gum gum, carrageenan), vanilla extract, <b>BARLEY</b> flour, raising agent (sodium bicarbonate). Sugar (including invert sugar), cocoa, vanilla: traded in compliance with Fairtrade Standards, total 22%.	Store at -18 degrees C		100ml	1062	253	12	7.4	31	28	4.2	0.21	807	192	9.3	5.7	24	21		3.2	0.16
100ml	Cream ( <b>MLK</b> ) (26%), water, sugar, condensed skimmed <b>MLK</b> , glucose syrup, vegetable oils (coconut, sunflower), free range <b>EGG</b> yolk, butter ( <b>MLK</b> ), whole <b>MLK</b> powder, reduced fat cocoa powder, skimmed <b>MLK</b> powder, stabilisers (gum gum, carrageenan), salt, emulsifier ( <b>SOY</b> lecithin), acidity regulator (sodium bicarbonate, citric acid), natural vanilla flavour, vanilla extract. May contain: nuts. Sugar, cocoa, vanilla: traded in compliance with Fairtrade Standards, total 20%.	Store at -18 degrees C		100ml	1158	276	16	11	30	27	3.5	0.18	904	215	12	8.6	23	21		2.7	0.14
100ml	<b>CREAM</b> (34%), water, condensed skimmed <b>MLK</b> , sugar, free range <b>EGG</b> yolk, vanilla extract, stabilisers (gum gum, carrageenan). Sugar, vanilla: traded in compliance with Fairtrade Standards, total 10%.	Store at -18 degrees C		100ml	975	232	15	9.6	20	20	4	0.14	702	167	11	6.9	14	14		2.9	0.1
100ml	Reconstituted skimmed <b>MLK</b> , sugar, cream ( <b>MLK</b> ), glucose syrup, <b>WHEAT</b> flour, water, free range <b>EGG</b> yolk, fat reduced cocoa powder, vegetable oils (fully refined soy, sunflower), invert sugar, <b>EGG</b> , <b>EGG</b> white powder, stabiliser (gum gum, locust bean gum), salt, vanilla extract, acidity regulator (citric acid), raising agents (sodium bicarbonate). Sugar (except for invert sugar), cocoa, vanilla: traded in compliance with Fairtrade Standards, total 24%.	Store at -18 degrees C		100ml	883	210	6.4	3.5	33	23	4.7	0.15	512	122	3.7	2	19	14		2.7	0.09
100ml	Water, glucose syrup, sugar, coconut oil, <b>WALNUTS</b> , banana puree (5%), brown sugar, glucose-fructose syrup, fat reduced cocoa powder, <b>ALMOND</b> paste (2%), pea protein, emulsifiers (sunflower lecithin, <b>SOY</b> lecithin), stabilisers (gum gum, locust bean gum), vanilla extract, lemon juice from concentrate, natural flavourings. May contain other nuts. Sugar, cocoa, bananas, vanilla: traded in compliance with Fairtrade Standards, total 30%.	Store at -18 degrees C		100ml	1150	273	15	8.8	33	27	2.3	0.05	909	216	12	7	26	21		1.8	0.05
80ml	Sugar, <b>WHEAT</b> flour, cream ( <b>MLK</b> ) (13%), water, condensed skimmed <b>MLK</b> , <b>MLK</b> fat, free range <b>EGG</b> yolk, cocoa mass, brown sugar, fat reduced cocoa powder, <b>EGG</b> , <b>SOYBEAN</b> oil, raising agent (sodium bicarbonate), cocoa butter, molasses, salt, stabilisers (gum gum, locust bean gum), vanilla extract, natural <b>BUTTER</b> flavouring, natural vanilla flavouring, natural brown sugar flavour with other natural flavourings, emulsifier ( <b>SOY</b> lecithin). May contain nuts and peanuts. Sugar, vanilla, cocoa: traded in compliance with Fairtrade standards.	Store at -18 degrees C		80ml	1413	337	14	9.3	47	30	4.7	0.26	918	219	9.1	6	31	20		3.1	0.17
80ml	Sugar, <b>WHEAT</b> flour, water, cream ( <b>MLK</b> ) (12%), condensed skimmed <b>MLK</b> , butter ( <b>MLK</b> ), <b>PEANUTS</b> , vegetable oils (coconut, rapeseed, fully refined soybean), <b>PEANUT</b> oil, reduced cocoa powder (1.3%), free range <b>EGG</b> yolk, <b>MLK</b> powder, skimmed <b>MLK</b> powder, salt, cocoa powder, raising agent (sodium bicarbonate), stabilisers (gum gum, locust bean gum), emulsifier ( <b>SOY</b> lecithin), natural vanilla flavouring with other natural flavourings. May contain nuts. Sugar, cocoa, vanilla: traded in compliance with Fairtrade Standards.	Store at -18 degrees C		80ml	1587	379	20	11	43	28	6.3	0.51	1032	246	13	7.2	28	18		4.1	0.33
100ml	Reconstituted skimmed <b>MLK</b> , strawberry puree (22%), sugar, glucose-fructose syrup, coconut oil, whey solids ( <b>MLK</b> ), glucose syrup, skimmed <b>MLK</b> powder or concentrate, beetroot juice concentrate, lemon juice concentrate, carrot juice concentrate, emulsifier (mono- and diglycerides of fatty acids), stabilisers (carrageenan, locust bean gum, gum arabic), natural flavourings, acidity regulator (citric acid), colour (ocoumin). May contain: gluten, egg, nuts and peanuts.	Store at -18 degrees C		100ml	701	167	5.9	5.3	25	23	2.8	0.14	360	84	2.9	2.7	13	11		1.4	0.07
100ml	Reconstituted skimmed <b>MLK</b> , glucose-fructose syrup, glucose syrup, sugar, coconut oil, water, fat reduced cocoa powder (8%), cocoa mass (1.5%), whey solids ( <b>MLK</b> ), emulsifiers (mono- and diglycerides of fatty acids, ammonium phosphates), stabilisers (sodium alginate). May contain: gluten, eggs, nuts and peanuts.	Store at -18 degrees C		100ml	911	217	9.6	8.2	28	23	3.3	0.13	456	109	4.8	4.1	14	11		1.7	0.07
105ml	Water, orange juice from concentrate (20%), sugar, glucose syrup, apple juice from concentrate (8%), fructose syrup, acidity regulator (citric acid), emulsifier (bovat bean gum, tara gum), colours (paprika extract, curcumin), flavouring. May contain: <b>MLK</b> . Gluten free.	Store at -18 degrees C		105ml	400	95	-0.5	-0.6	23	19	-0.5	-0.013	420	100	-0.5	-0.5	24	20		-0.5	-0.013
80ml	Water, sugar, reconstituted skimmed <b>MLK</b> , glucose syrup, lemon juice (4.5%), strawberry juice (4%), fructose syrup, malibonin, pineapple juice (1.4%), coconut oil, whey solids ( <b>MLK</b> ), glucose-fructose syrup, stabilisers (locust bean gum, gum arabic, carrageenan). Flavourings (contain <b>MLK</b> ), acidity regulator (citric acid), colours (erythrosine, curcumin), electrolyte juice concentrate, beetroot juice concentrate, emulsifier (mono- and diglycerides of fatty acids). Gluten free.	Store at -18 degrees C		80ml	445	106	1.1	0.9	22	18	0.5	0.03	316	75	0.7	0.6	16	13		0.5	0.02
120ml	Reconstituted skimmed <b>MLK</b> , sugar, strawberry puree (9%), <b>WHEAT</b> flour, vegetable oils (coconut, sunflower), glucose syrup, fructose, strawberry juice from concentrate (1%), fat reduced cocoa powder, cocoa butter, emulsifiers (sunflower lecithin, mono- and diglycerides of fatty acids, ammonium phosphates), whole <b>MLK</b> powder, potato starch, stabilisers (locust bean gum, gum arabic, carrageenan), salt, acidity regulator (citric acid), caramelised sugar syrup, beetroot juice concentrate, whey solids ( <b>MLK</b> ), flavourings (contains <b>MLK</b> ). May contain: soy.	Store at -18 degrees C		120ml	1072	256	10	8.4	38	25	2.1	0.18	804	192	7.8	6.3	28	19		1.6	0.14

Walla's Solera Exotic Ice Cream Lolly 90ml	90ml	Reconstituted skimmed <b>MLK</b> , sugar, water, peach puree (7%), glucose-fructose syrup, passion fruit juice (6%), pineapple juice from concentrate (6%), mango puree (6%), coconut oil, whey solids ( <b>MLK</b> ), stabilisers (locust bean gum, guar gum, carrageenan), emulsifier (mono- and diglycerides of fatty acids), colour (carotenes), acidity regulator (citric acid), natural flavourings contains <b>MLK</b> , Gluten free.	Store at -18 degrees C	90ml	604	144	3	2.7	27	25	1.7	0.08	411	98	2.1	1.9	18	17	1.2	0.08
Kinder Bueno Ice Cream Cone 90ml	90ml	Reconstituted skimmed <b>MLK</b> , sugar, vegetable oils (coconut, sunflower in varying proportions), <b>WHEAT</b> flour, cream ( <b>MLK</b> ), <b>HAZELNUT</b> paste (5%), water, glucose-fructose syrup, skimmed <b>MLK</b> powder, glucose syrup, whole <b>MLK</b> powder, whey solids ( <b>MLK</b> ), dextrose, fat-reduced cocoa powder, butanol ( <b>MLK</b> ), cocoa mass, potato starch, emulsifiers (mono- and diglycerides of fatty acids), <b>SOYBEAN</b> lecithin, sunflower lecithin, ammonium phosphatides), caramelised sugar syrup, stabilisers (locust bean gum, guar gum, carrageenan), cocoa butter, salt, flavouring. May contain <b>egg</b> , other nuts	Store at -18 degrees C	90ml	1423	340	19	11	36	26	4.9	0.25	854	204	11	6.4	22	16	2.9	0.15
Kinder Ice Cream Stick 36ml	36ml	Pasteurised whole <b>MLK</b> , reconstituted skimmed <b>MLK</b> , sugar, glucose-fructose syrup, glucose syrup, cocoa butter, whole <b>MLK</b> powder, cream ( <b>MLK</b> ), fructose syrup, butanol ( <b>MLK</b> ), cocoa mass, skimmed <b>MLK</b> powder or concentrate, emulsifiers (mono- and diglycerides of fatty acids, <b>SOY</b> lecithin), stabilisers (guar gum, locust bean gum, carrageenan), flavourings.	Store at -18 degrees C	36ml	964	229	11	6.7	30	23	3.1	0.11	360	62	2.9	1.8	8.1	6.1	0.8	0.03
Maxyum Ruby	90ml	Reconstituted skimmed <b>MLK</b> , sugar, water, cocoa butter (8%), skimmed <b>MLK</b> powder, glucose syrup, coconut oil, butter of ( <b>MLK</b> ), fructose, raspberry puree(2%), whey concentrate ( <b>MLK</b> ), cocoa mass (1%), glucose-fructose syrup, emulsifier (E322, E470, E442), whole <b>MLK</b> powder, stabilisers (E410, E412, E407), acidity regulator (E330), flavourings. May contain <b>soy</b> and almonds.	Store at -18 degrees C	90ml	1274	304	16	11	34	28	4.6	0.16	917	219	12	7.8	25	20	3.3	0.12
Maxyum Double Chocolate and Strawberry	88ml	Reconstituted skimmed <b>MLK</b> , sugar, coconut oil, glucose-fructose syrup, cocoa mass, strawberry puree (5.5%), glucose syrup, cocoa butter, cream ( <b>MLK</b> ), whole <b>MLK</b> powder, fructose syrup, butter of ( <b>MLK</b> ), strawberry puree concentrate (1.5%), whey solids ( <b>MLK</b> ), fat-reduced cocoa powder, modified starch, emulsifier (E471, E470, E442), stabilisers (E410, E440, E407, E407), skimmed <b>MLK</b> powder, carrot juice concentrate, acidity regulators (E330, E331), lemon juice concentrate, salt flavourings. May contain <b>soy</b> and almond	Store at -18 degrees C	88ml	1390	332	20	14	33	26	3.1	0.12	1015	242	15	10	24	19	2.3	0.09
Maxyum Raspberry	120ml	Reconstituted skimmed <b>MLK</b> , sugar, raspberry puree (11%), <b>WHEAT</b> flour, vegetable oils (coconut, sunflower), glucose syrup, raspberry puree from concentrate (3%), lemon juice from concentrate, fructose, cocoa butter, fat-reduced cocoa powder, potato starch, whole <b>MLK</b> powder, emulsifiers (mono- and diglycerides of fatty acids, sunflower lecithin, ammonium phosphatides), <b>SOYBEAN</b> lecithin), stabilisers (locust bean gum, guar gum, carrageenan), acidity regulator (citric acid), sweetened potato juice concentrate, salt, matrixing tea powder, lavender juice concentrate, flavourings, purple carrot juice concentrate, <b>WHEAT</b> starch, apple juice concentrate, glazing agents (guar gum, acacia, shellac), whey solids ( <b>MLK</b> ), malted <b>WHEAT</b> flour, rice flour, spirulina, raising agents (sodium bicarbonate, potassium bicarbonate). May contain: <b>egg</b> , barley, almonds, hazelnuts and walnuts.	Store at -18 degrees C	120ml	1046	250	9.4	7.2	38	28	2	0.17	827	197	7.4	5.7	30	22	1.6	0.13
Shiryo bags of cookies dough 170ml	170ml	<b>WHEAT</b> flour, brown sugar, sugar, butter ( <b>MLK</b> ), fully refined soybean oil, <b>EGG</b> water, cocoa mass, molasses, vanilla extract, salt, cocoa butter, emulsifier ( <b>SOY</b> lecithin). Sugar, cocoa, vanilla, mass balance is used to match Fairtrade sourcing, total 40%.	Store at -18 degrees C	28g	1769	423	15	6.7	67	40	4	0.43	495	118	4.3	1.9	19	11	1.1	0.12
Shiryo bags of cookies dough 100ml	100ml	Cream ( <b>MLK</b> ) (20%), sugar, water, condensed skimmed <b>MLK</b> , glucose syrup, free range <b>EGG</b> yolk, <b>WHEAT</b> flour, cocoa butter, whole <b>MLK</b> powder, butter ( <b>MLK</b> ), cocoa mass, salt, vanilla extract, vegetable oils (sunflower, rapeseed), skimmed <b>MLK</b> powder, stabilisers (pectin, guar gum, carrageenan), cocoa powder, lactose ( <b>MLK</b> ), <b>BARLEY</b> malt extract, <b>MLK</b> protein, natural vanilla flavouring, emulsifier ( <b>SOY</b> lecithin), raising agents (sodium bicarbonate). May contain almond, hazelnut and walnut.	Store at -18 degrees C	100ml	1153	272	15	9.3	31	28	4.2	0.42	865	204	11	7	23	21	3.1	0.32
Shiryo Together 100ml	100ml	Reconstituted skimmed <b>MLK</b> , sugar, condensed skimmed <b>MLK</b> , glucose syrup, cream ( <b>MLK</b> ), cocoa powder (5.5%), <b>WHEAT</b> flour, brown sugar, free range <b>EGG</b> yolk, butter ( <b>MLK</b> ), fully refined soybean oil, <b>EGG</b> , chocolate mass, water, molasses, stabilisers (guar gum, locust bean gum), vanilla extract, cocoa butter, salt, emulsifier ( <b>SOY</b> lecithin). Sugar, cocoa, vanilla: traded in compliance with Fairtrade standards, total 24%.	Store at -18 degrees C	100ml	883	210	6.4	3.5	33	23	4.7	0.15	812	122	3.7	2	19	14	2.7	0.09
Shiryo Moonchoc (Choc Cookie Dough) 100ml	100ml	Cream ( <b>MLK</b> ) (24%), water, sugar, condensed skimmed <b>MLK</b> , strawberry puree (8%), strawberry pieces (5%), vegetable oils (fully refined soybean rapeseed), long sugar, free range <b>EGG</b> yolk, corn starch, <b>WHEAT</b> flour, whole <b>WHEAT</b> flour, cream cheese ( <b>MLK</b> ) (5%), <b>MLK</b> fat, stabilisers (pectin, guar gum, locust bean gum, carrageenan), lemon juice concentrate, salt, emulsifier ( <b>SOY</b> lecithin), molasses, honey, raising agent (sodium bicarbonate), natural flavouring, edible berry juice concentrate, acidity regulator (citric acid). Sugar (including long sugar), honey, traded in compliance with Fairtrade Standards, total 16%.	Store at -18 degrees C	100ml	1037	247	14	7.3	27	24	3.2	0.22	746	178	9.9	5.2	20	17	2.3	0.16
Shiryo Strawberry Cheesecake 100ml	80ml	Sugar, water, skimmed <b>MLK</b> powder, cream ( <b>MLK</b> ) (14%), vegetable oils (partially fully refined soybean), <b>WHEAT</b> flour, coconut fat, <b>EGG</b> yolk, cocoa mass, glucose syrup, fat-reduced cocoa powder, butter ( <b>MLK</b> ), brown sugar, salt, emulsifiers ( <b>SOY</b> lecithin, sunflower lecithin), stabilisers (guar gum, locust bean gum), molasses, cocoa butter, <b>EGG</b> , flavourings, whole <b>MLK</b> powder, <b>MLK</b> fat, vanilla extract. May contain nuts. >50% sugar, cocoa, vanilla mass balance is used to match Fairtrade sourcing, total 25%. *Please refer Fairtrade labelling for more information. Free range eggs	Frozen at -18 degrees. For BBO see pack	1 portion	1473	352	22	9.7	33	28	4.6	0.38	1016	243	15	6.7	23	19	3.2	0.26
Shiryo Peach Pie	140ml	Reconstituted skimmed <b>MLK</b> , sugar, coconut fat, <b>WHEAT</b> flour, dextrose, glucose-fructose syrup, fructose, soluble corn fibre, sunflower oil, fat-reduced cocoa powder, emulsifiers (mono- and diglycerides of fatty acids, sunflower lecithin, ammonium phosphatides), potato starch, stabilisers (guar gum, locust bean gum, carrageenan), salt, flavourings, caramelised sugar syrup. <b>May contain hazelnut</b> .	Frozen at -18 degrees. For BBO see pack	1 portion	1111	265	12	9.8	35	26	3.1	0.21	900	215	9.4	7.9	29	21	2.5	0.17
Shiryo Sorbet Vanilla and Chocolate	70ml	Water, sugar, glucose syrup, melon juice (5%) [1], apple puree (4.5%), strawberry juice (6%) [1], fructose, lemon juice (2.8%) [1], stabilisers (guar gum, locust bean gum), blueberry puree (2.3%), acidity regulator (citric acid), spirulina concentrate, flavourings, edible berry juice concentrate, beetroot juice concentrate, colour (curcumin) [1] from concentrate. <b>May contain milk</b> . Gluten free. <b>Non-alcoholic</b> list.	Frozen at -18 degrees. For BBO see pack	1 portion	386	92	<0.5	<0.1	22	17	<0.5	<0.02	278	66	<0.5	<0.1	16	12	<0.5	<0.01
Shiryo Peck-A-Bee	100ml	Ingredients: Reconstituted skimmed <b>MLK</b> , sugar, cocoa butter, cocoa mass, almond oil, glucose syrup, whole <b>MLK</b> powder, fructose, butter of ( <b>MLK</b> ), emulsifier (E471, <b>SOY</b> lecithin, E470), whole milk ( <b>MLK</b> ), stabilisers (E410, E412, E407), flavourings ( <b>MLK</b> ). May contain nuts. Gluten free. *Fairfood Alliance Certified	Frozen at -18 degrees. For BBO see pack	1 portion	1269	303	18	13	30	26	3.1	0.1	990	236	14	9.9	24	21	2.4	0.08
Shiryo Magnum Ruby	90ml	Reconstituted skimmed <b>MLK</b> , sugar, water, cocoa butter (8%), skimmed <b>MLK</b> powder, glucose syrup, coconut oil, butter of ( <b>MLK</b> ), fructose, raspberry puree(2%), whey concentrate ( <b>MLK</b> ), cocoa mass (1%), glucose-fructose syrup, emulsifier (E471, E322, E470, E442), whole <b>MLK</b> powder, stabilisers (E410, E412, E407), acidity regulator (E330), flavourings. May contain <b>soy</b> and almonds.	Store at -18 degrees C	90ml	1274	304	16	11	34	28	4.6	0.16	917	219	12	7.8	25	20	3.3	0.12

For all our products available from our Franchise Partners, Costa, Coffee Republic and Crema currently being served in our Odeon Costa stores. If you can please select the links on the Allergen webpage to print off the necessary Nutritional and Allergen Information. Please note this data is accurate up until the point where the products enter the store. Once displayed the allergen status of the products is likely to change.