

PRE PACKAGED FOOD & BEVERAGE ALLERGY MATRIX

**Latest Update:** 17/12/2020 **Effort is made to keep this information up to date, from time to time there may be changes to product ingredients. Please note - not all products are available in all cinemas and some promotional, regional and trial products may not be listed. If you have any queries about the information provided contact ODEON Guest Services (Email: GS@odeon.co.uk Post: FREEPOST ODEON)**

Products	PRODUCT INFORMATION				NUTRITIONAL INFORMATION- PER 100G								NUTRITIONAL INFORMATION- PER SERVING										
	Pack size	INGREDIENTS (Allergens in BOLD)	Storage Information	Instructions for use	Serving size	ENERGY (KJ)	ENERGY (CAL)	FAT (g)	OF WHICH SATURATES (g)	CARBOHYDRATE (g)	OF WHICH SUGARS (g)	FIBRE (g)	PROTEIN (g)	SALT (g)	ENERGY (KJ)	ENERGY (CAL)	FAT (g)	OF WHICH SATURATES (g)	CARBOHYDRATE (g)	OF WHICH SUGARS (g)	FIBRE (g)	PROTEIN (g)	SALT (g)
<b>PRE PACKED POPCORN</b>																							
Butterfly Crunchy Toffee Coated Popcorn 14 x 170g	170g	Sugar, Glucose Syrup, Popped Maize, Rapeseed Oil, Butter (MILK), Salt, Single Cream (MILK), Invert Sugar Syrup, Molasses, Emulsifier: Sunflower Lecithin.	Store in a cool, dry place. Once opened, store in an airtight container.	Warning: Whilst every effort to remove unpopped corn is taken, some hard kernels may remain which could damage your teeth.	30g (5-6 servings per pack)	1789	424	9.4	3.1	80	51	3.2	3.1	1.3	537	127	2.8	0.9	24	15	1	0.9	0.39
Joe & Seph's Salted Caramel Pouch	80g	Corn, Sugar, Butter (MILK), Corn Syrup, Sea Salt	Store in a cool, dry, dark place. Once open consume within 5 days.	n/a	20g	2016	481	22.1	14.4	65.2	40.3		3.3	1.4	403.2	96.2	4.42	2.88	13.04	8.06		0.66	0.28
Joe & Seph's Caramel & Belgian Chocolate Pouch	80g	Corn, Sugar, Butter (MILK), Chocolate (13%) (Sugar, Whole Milk Powder, Cocoa Butter (20%)), Cocoa Mass (17%), Sugar, Lecithin, Natural Vanilla), Corn Syrup	Store in a cool, dry, dark place. Once open consume within 5 days.	n/a	20g	2003	480	27	16	62	39	3.8	3.8	0.48	400.6	96	5.4	3.2	12.4	7.8	0.76	0.76	0.096
Joe & Seph's Peanut Butter Pouch	80g	Corn, Sugar, Butter (MILK), Peanuts (25%), Corn Syrup	Store in a cool, dry, dark place. Once open consume within 5 days.	n/a	20g	2253	539	30.6	12.5	58.1	31.5		7.8	0.6	450.6	107.8	6.12	2.5	11.62	6.3		1.56	0.12
Joe & Seph's Trio of Chocolate	80g	Corn, Sugar, Butter (MILK), Chocolate Cookies (2%) (Wheat Flour, Milk Chocolate (50%)), Sugar, Butter (MILK) (11%) Palm Oil, Cocoa Powder, Invert Sugar Syrup, Pasteurised Free Range Eggs, Baking Powder, Salt, Sugar, Cocoa Mass (17%), Sugar, Lecithin, Natural Vanilla, White Chocolate (5%) (Sugar (46.5%), Cocoa Butter (29.5%), Whole Milk Powder (23.5%), Sugar Lecithin, Natural Vanilla), Corn Syrup, Cream (MILK), Cocoa Powder	Store in a cool, dry, dark place. Once open consume within 5 days.	n/a	20g	2096	502	27.2	17.3	61.2	38.8		3.9	0.7	419.2	100.4	5.44	3.46	12.24	7.76		0.78	0.14
Joe & Seph's Strawberries & Cream	80g	Corn, Sugar, Butter (MILK), Corn Syrup, Double Cream (MILK) (9%), Dried Strawberry (2%), Natural Strawberry Flavour, Salt	Store in a cool, dry, dark place. Once open consume within 5 days.	n/a	20g	1958	470	27	17	58	35	3.7	3.4	0.57	391.6	94	5.4	3.4	11.6	7	0.74	0.68	0.114
EVENT POPCORN - Sweet Popcorn 180 x 50g	180 x 50g	Butterfly Corn (Grains), Rapeseed Oil, Sugar	Store in a dry and cool place, protect from sunlight		50g	2024	484	22	1.8	62	34	0	5.8	<0.01	1012	242	11	0.9	31	17	0	2.9	<0.005
<b>CRISPS</b>																							
Pipers Cheddar 150g	150g	Potatoes, Sunflower Oil, Onion Powder, Sea Salt, Yeast Extract Powder, Cheese Powder - from Milk, Sugar, Full Cream Milk Powder, Paprika Extract	Dry, clean and at ambient temperature	N/A	40g	2227.0	533.0	30.8	3.5	56.1	1.5	3.3	6.2	1.6	890.8	213.2	12.3	1.4	22.4	0.6	1.3	2.5	0.6
Pipers Chorizo 150g	150g	Potatoes, Sunflower Oil, Lactose, Sugar, Salt, Smoked salt, Garlic, Smoked Spanish Paprika, Smoked sugar, Onion, Flavourings, Yeast Extract Powder, Spices-Chili/Pepper, Paprika extract, Citric Acid, Anti-caking agent (Silicon Dioxide), Free Flow and Tricalcium Phosphate, Pork, Smoked paprika, Ginger, Pepper, Paprika extract, Sodium nitrate	Dry, clean and at ambient temperature	N/A	40g	2196.0	526.0	30.1	3.1	56.9	5.6	3.6	5.0	2.0	878.4	210.4	12.0	1.2	22.8	2.2	1.4	2.0	0.8
Savoursmiths Truffle and Rosemary 150g	150g	Potatoes, Sunflower Oil, Dried Black Summer Truffle, Mushroom Extract, Salt, Rice Flour, Onion, Yeast Extract, Natural Flavourings, Rosemary, Garlic Powder, Thyme, Acidity Regulator, Sugar, Citric Acid, White Pepper. This flavour is suitable for Vegetarian and Vegan diets. MSG Free, Gluten Free, Lactose Free.	Ambient	Everyone	15 pieces	2100	502	28	3	53	4	5	7	1.2	700	167	9.33	1.00	17.67	17.67	1.67	2.33	0.40
Savoursmiths Parmesan and Port 150g	150g	Potatoes, Sunflower Oil, Dried Cheese (MILK) Sea Salt, Yeast Extract, Red Wine Vinegar, Dried Italian PDO Parmigiano Reggiano Cheese (Made from Cow's milk, Salt, Starter Culture, Animal Enzymes), Milk Powder, Lactose (milk), Sugar, Blackcurrant Extract, Maltodextrin, Dried Spirit Vinegar, Natural Flavouring, Rubby Port, Potato Maltodextrin, White Pepper, Acidity Regulator: Citric acid and Garlic powder. This flavour is MSG Free and Gluten Free but contains Milk, Allergens: Milk	Ambient	Everyone	15 pieces	2430	581	28	3	52	5	4	7	1.4	810	194	9.33	1.00	17.33	17.33	1.33	2.33	0.47
Savoursmiths Champers and Serrano Chili 150g	150g	Potatoes, Sunflower oil, Dried Cheddar, Rice Flour, Sugar, Sea Salt, Dried Chardonnay, Dried Spirit Vinegar, Yeast Extract, Acidity Regulator, Sodium Bicarbonate, Tartaric Acid, Cayenne Chili, Serrano Chili, Natural Flavouring, Onion, Red Bell Peppers. This flavour is suitable for Vegetarian and Vegan Diets. It is Lactose Free, MSG Free and Gluten Free.	Ambient	Everyone	15 pieces	2088	499	28	3	53	4	5	7	1.3	696	166	9.33	1.00	17.67	17.67	1.67	2.33	0.43
Savoursmiths Desert Salt 150g	150g	Potatoes, Sunflower Oil, Desert Salt. This flavour is suitable for Vegans and Vegetarians. Gluten Free.	Ambient	Everyone	15 pieces	2029	485	26.5	2.8	49	3	6.4	6.7	0.8	676	162	8.83	0.93	16.33	16.33	2.13	2.23	0.27
Savoursmiths Truffle and Rosemary 40g	40g	Potatoes, Sunflower Oil, Dried Black Summer Truffle, Mushroom Extract, Salt, Rice Flour, Onion, Yeast Extract, Natural Flavouring, Rosemary, Garlic Powder, Thyme, Acidity Regulator, Sugar, Citric Acid, White Pepper. This flavour is suitable for Vegetarian and Vegan diets. MSG Free, Gluten Free, Lactose Free.	Ambient	Everyone	15 pieces	2100	502	28	3	53	4	4	7	1.4	700	167	9.33	1.00	17.67	17.67	1.33	2.33	0.47
Savoursmiths Parmesan and Port 40g	40g	Potatoes, Sunflower Oil, Dried Cheese (MILK) Sea Salt, Yeast Extract, Red Wine Vinegar, Dried Italian PDO Parmigiano Reggiano Cheese (Made from Cow's milk, Salt, Starter Culture, Animal Enzymes), Milk Powder, Lactose (milk), Sugar, Blackcurrant Extract, Maltodextrin, Dried Spirit Vinegar, Natural Flavouring, Rubby Port, Potato Maltodextrin, White Pepper, Acidity Regulator: Citric acid and Garlic powder. This flavour is MSG Free and Gluten Free but contains Milk, Allergens: Milk	Ambient	Everyone	15 pieces	2430	581	28	3	52	5	5	7	1.2	810	194	9.33	1.00	17.33	17.33	1.67	2.33	0.40
Savoursmiths Desert Salt 40g	40g	Potatoes, Sunflower Oil, Desert Salt. This flavour is suitable for Vegans and Vegetarians. Gluten Free.	Ambient	Everyone	15 pieces	2029	485	26.5	2.8	49	3	6.4	6.7	0.8	676	162	8.83	0.93	16.33	16.33	2.13	2.23	0.27
Hunky Dairy Cheese & Onion 135g	135g	Potato, Sunflower Oil, Cheese & Onion Flavour (Onion Powder, Yeast Powder, Dextrose, Salt, Flavourings (DYA) (Contains Flavour Enhancer (E621), Colour (Annatto Caramel), Flavour Enhancer (E621), Smoke Flavouring). May contain traces of milk, barley and wheat.	Store in a cool dry place away from bright lights and strong flavours	Ready to eat	4 servings	2179	522	30.3	3.4	53.8	2.3	not declared	6.7	2	741	177	10.3	1.1	18.3	0.8	not declared	2.3	0.7
Hunky Dairy Salt & Vinegar 135g	135g	Potato, Sunflower Oil, Salt & Vinegar Flavour (Salt, Wheat Flour (WHEAT) Flour, Calcium Carbonate, Iron, Niacin, Thiamin), Potassium Chloride, Sugar, Acid (Citric Acid), Flavour Enhancer (E621), Acidity Regulators (Sodium Acetate, Sodium Citrate). May contain traces of soya, milk and barley.	Store in a cool dry place away from bright lights and strong flavours	Ready to eat	4 servings	2201	527	31.4	3.5	54.7	0.6	not declared	5.1	2.5	748	179	10.7	1.2	18.6	0.2	not declared	1.7	0.8
Hunky Dairy Sour Cream & Onion 135g	135g	Milk, Sunflower Oil, Sour Cream & Onion Flavour (Salt, Sugar, Skimmed Milk Powder, Onion Powder, Flavour Enhancer (E621), Whey Powder (MILK), Yogurt Powder (MILK), Butter (MILK) Powder, Cream Powder (MILK), Dextrose, Yeast Powder, Acid Lactic Acid, Citric Acid, Herb, Acidity Regulator (Calcium Lactate), Flavourings (MILK)). May contain traces of wheat, barley and soya.	Store in a cool dry place away from bright lights and strong flavours	Ready to eat	4 servings	2209	529	30.9	3.5	55.2	3.9	not declared	6	1.7	751	180	10.5	1.2	18.8	1.3	not declared	6	1.7
Hunky Dairy Buffalo 135g	135g	Potato, Sunflower Oil, Spicy Buffalo Wing Flavour (Cornflour, Sugar, Salt, Flavourings (DYA, BARLEY, WHEAT) (Contains Colour (Paprika Extract)), Yeast Extract, Flavour Enhancer (E621), Onion Powder, Potassium Chloride, Spices, Chili Flavour, Acidity Regulator (Sodium Acetate), Garlic Powder, Lactose (MILK), Smoke Flavourings, Acid (Citric Acid), Colours (Paprika Extract, Curcumin), Sweetener (Saccharin) (MILK)).	Store in a cool dry place away from bright lights and strong flavours	Ready to eat	4 servings	2171	520	30.2	3.3	54.7	2.5	not declared	5.6	2.5	738	177	10.3	1.1	18.6	0.8	not declared	1.9	0.9
Tasty Cheese & Onion 135g	135g	Potato, Sunflower Oil, Cheese & Onion Flavour (Onion Powder, Salt, Wheat Flour, Dextrose, Flavour Enhancers (E621, E635), Cheese Powder (MILK), Colours (Turmeric Extract, Paprika Extract). May contain traces of Soya and Barley	Store in a cool dry place away from bright lights and strong flavours	Ready to eat	4 servings	2162	519	34.3	3.9	46	0.6	not declared	5.8	1.5	735	176	11.7	1.3	15.6	0.2	not declared	2	0.5
<b>NUTS</b>																							
Sensations Nuts California Honey 145g	145g	Peanuts, Sugar, Sunflower Oil, Potato Starch, Honey Powder, Wheat Starch, Fructose, Salt, Tapioca Dextrin, Colour, (Plain Caramel), Molasses Powder, Thickening Agent (Xanthan Gum)	Dry, clean and at ambient temperature. Once opened, store in an airtight container and consume within 3 days.	N/A	30g	2348.0	561.0	40.0	5.8	31.0	25.0	5.0	19.0	1.4	704.4	168.3	12	1.74	9.3	7.5	1.5	5.7	0.42

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	Pack size	INGREDIENTS (Allergens in BOLD)	Storage Information	Instructions for use	Serving size	ENERGY (KJ)	ENERGY (CAL)	FAT (g)	OF WHICH SATURATES (g)	CARBOHYDRATE S (g)	OF WHICH SUGARS (g)	FIBRE (g)	PROTEIN (g)	SALT (g)	ENERGY (KJ)	ENERGY (CAL)	FAT (g)	OF WHICH SATURATES (g)	CARBOHYDRATE S (g)	OF WHICH SUGARS (g)	FIBRE (g)	PROTEIN (g)	SALT (g)
Sensations Streetmix Mexico 115g	115g	Corn (24%), Broad Beans (12%), <b>Peanuts</b> (11%), Rice, Sunflower Oil (with Antioxidant Tocopherol-Rich Extract), Sugar, Starch (contains <b>Wheat</b> , Salt, Mexican Flavour (Paprika Powder, Chili Powder, Cumin, Cayenne Pepper, White Pepper), Garlic Powder, Onion Powder, Dextrose, Yeast Powder, Yeast Extract, Tomato Powder, Flavouring, Acid (Citric Acid), Soy Sauce (contains <b>Wheat</b> ), Colour (Beetroot Red, Paprika Extract, Amaranth), Potassium Chloride, Raising Agents (Sodium Bicarbonate, Ammonium Bicarbonate), Caramelised Sugar, Turmeric Extract, Capsicum Extract, Licorice Powder	Dry, clean and at ambient temperature	N/A	30g	2163.0	518.0	28.3	3.4	51.7	5.8	6.0	11.0	1.6	648.9	155.4	8.5	1.0	15.5	1.7	1.8	3.3	0.5
Cambrook Baked Sweet Chili Peanuts & Cashews 80g Pouch	80g	<b>Peanuts</b> (57%), <b>Cashew Nuts</b> (8%), Sweet Chili Seasoning (4%)-Sugar, Salt, Dried Soy Sauce (Contains Soy Beans, Salt, Spirit Vinegar), Garlic, Onion, Chili, Yeast Extract, Tomato, Red Bell Pepper, Paprika Extract, Spices, Citric Acid, Rapeseed Oil, Natural Flavouring, Stabiliser: Gum Arabic	Storage: Cool & dry, Under 23°C, Away from heat or direct sunlight	Eat as a snack anytime	80g	2369	570	47.6	8.9	13.8	6	4.9	19.9	1.5	1895	456	38.1	7.1	11.0	4.8	3.9	15.9	1.2
Cambrook Caramelised Cashews 80g Pouch	80g	<b>Cashew Nuts</b> (78%), Sugar, Honey, Salt	Storage: Cool & dry, Under 23°C, Away from heat or direct sunlight	Eat as a snack anytime	80g	2266	543	32.5	6.0	43.4	21.9	2.1	18.1	0.5	1813	434	26.0	4.8	34.7	17.5	1.7	14.5	0.4
Cambrook Caramelised Sesame Peanuts 80g Pouch	80g	<b>Peanuts</b> (61%), Sugar, <b>Sesame Seeds</b> (9%), Honey, Salt	Storage: Cool & dry, Under 23°C, Away from heat or direct sunlight	Eat as a snack anytime	80g	2240	541	31.9	5.8	40.7	28.8	3.6	21.0	0.6	1792	433	25.5	4.6	32.6	23.0	2.9	16.8	0.5
Cambrook Baked Hickory Smoke Almonds 80g Pouch	80g	84% <b>Almonds</b> , 4% Hickory Smoke Flavouring (Salt, Maltodextrin, Yeast Extract, Dextrose, Smoke Flavouring, Rapeseed Oil, Acidity regulator: Citric Acid), Stabiliser: Gum Arabic	Storage: Cool & dry, Under 23°C, Away from heat or direct sunlight	Eat as a snack anytime	80g	2399	574	50.0	3.8	9.2	5.5	7.3	21.2	1.9	1919	459	40.0	3.0	7.4	4.4	5.8	17.0	1.5
Cambrook Baked Salted Cashews 80g Pouch	80g	<b>Cashew Nuts</b> (98%), Salt, Sunflower Oil	Storage: Cool & dry, Under 23°C, Away from heat or direct sunlight	Eat as a snack anytime	80g	2533	611	50.9	10.1	18.8	5.6	3.2	20.5	1.00	2026	489	40.7	8.08	15.0	4.5	2.6	16.4	0.8
Cambrook Caramelised Cashews 45g Pouch	45g	<b>Cashew Nuts</b> (78%), Sugar, Honey, Salt	Storage: Cool & dry, Under 23°C, Away from heat or direct sunlight	Eat as a snack anytime	45g	2266	543	32.5	6.0	43.4	21.9	2.1	18.1	0.5	1020	244	14.6	2.7	19.5	9.9	0.9	8.1	0.2
Cambrook Baked Salted Mixed Nuts 45g Pouch	45g	<b>Cashew Nuts</b> (59%), <b>Almonds</b> (27%), <b>Hazelnuts</b> (12%), Salt, Sunflower Oil	Storage: Cool & dry, Under 23°C, Away from heat or direct sunlight	Eat as a snack anytime	45g	2542	612	53.0	7.7	14.1	5.2	4.8	20.2	1.0	1144	275	23.9	3.5	6.3	2.3	2.2	9.1	0.5
Cambrook Baked Dry Roasted Peanuts 45g Pouch	45g	<b>Peanuts</b> (93%), Yeast Extract, Salt, Rice Flour, Paprika, Onion, Smoked Salt, Carob, Oregano, Garlic Powder, Turmeric, Dill, Cinnamon, Paprika Extract, Stabiliser: Gum Arabic	Storage: Cool & dry, Under 23°C, Away from heat or direct sunlight	Eat as a snack anytime	45g	2379	575	49.5	8.9	9.1	4.4	6.3	23.7	1.7	1071	259	22.3	4.0	4.1	2.0	2.8	10.7	0.8
Sahara Hot Nuts Medium	90g	<b>Peanuts</b> 49%, Potato Starch, Vegetable Oils (Palm, Rapeseed), Salt, Icing Sugar, <b>Wheat</b> , Starch, Spices (Garlic Powder, Cumin Seed, Chillies, Paprika Powder, Oregano), Flavour Enhancer (E621) Onion, Modified Malt Starch, Tomato Powder, Flavour (contains <b>Celery</b> , Colour (E120, E160a), Antioxidant (E307), Spice Extract	Best before see box		90g	2227	534	34	8	41.2	4.6	0	13.9	4.1	2004	480	31	7.2	37	4.14	0	12.51	3.69
Sahara Hot Nuts Large	120g	<b>Peanuts</b> 49%, Potato Starch, Vegetable Oils (Palm, Rapeseed), Salt, Icing Sugar, <b>Wheat</b> , Starch, Spices (Garlic Powder, Cumin Seed, Chillies, Paprika Powder, Oregano), Flavour Enhancer (E621) Onion, Modified Malt Starch, Tomato Powder, Flavour (contains <b>Celery</b> , Colour (E120, E160a), Antioxidant (E307), Spice Extract	Best before see box		120g					2672	641	40.8	9.6	49.44	5.52	0	16.68	4.92					
Sahara Hot Nuts XLarge	180g	<b>Peanuts</b> 49%, Potato Starch, Vegetable Oils (Palm, Rapeseed), Salt, Icing Sugar, <b>Wheat</b> , Starch, Spices (Garlic Powder, Cumin Seed, Chillies, Paprika Powder, Oregano), Flavour Enhancer (E621) Onion, Modified Malt Starch, Tomato Powder, Flavour (contains <b>Celery</b> , Colour (E120, E160a), Antioxidant (E307), Spice Extract	Best before see box		180g					4009	961	61.2	14.4	74.2	8.28	0	25	7.38					
<b>FRUIT</b>																							
Urban Fruit Strawberry 90g	90g	Strawberries, Apple Juice Concentrate (Our packing house handles nuts and seeds)	Store cool and dry For Best Before End See Base	For adults & kids (over 4 years)	90g	1218	291	0.2	0	67.3	58.1	6.1	2	0	219	52	0	0	12	10	1.1	0.4	0
Urban Fruit Mango 100g	100g	Mangoes (Our packing house handles nuts and seeds)	Store cool and dry For Best Before End See Base	For adults & kids (over 4 years)	100g	1277	305	0.3	0.1	68.2	56.6	9	2.9	0	230	55	0.3	0.1	12	10	1.6	0.5	0
SS Chocolate Cup Cake	70g	Chocolate Cake (63%) Sugar, Rapeseed Oil, EGG, WHEAT FLOUR (WHEAT Flour, Calcium Carbonate, Iron, Niacin, Thiamin), Raising Agents (E500i, E400, E341), Chocolate Cake Mix (Cocoa Powder, Modified Malt Starch, Potato Starch, WHEAT Flour (WHEAT Flour, Calcium Carbonate, Iron, Niacin, Thiamin), Chocolate (Sugar, Cocoa Mass, Fat Reduced Cocoa Butter, Flavouring), Fat Reduced Cocoa Powder, Raising Agents (E500i, E450, E341), Skimmed MILK Powder, Rapeseed Oil, Whey Powder (MILK), WHEAT Starch, Emulsifiers (E471, E477, E481), WHEAT Gluten, Salt, Flavouring, Stabiliser (E415), Water, Flavouring, Humectant (E422), Chocolate Chips (Sugar, Cocoa Mass, Cocoa Butter, Emulsifier (SOYA Lecithin), Flavouring), Preservative (E202), Chocolate Butter Cream Icing (35%) (Icing Sugar, Butter (Butter (MILK), Salt), Cocoa Powder, Flavouring, Humectant (E422), Milk Chocolate Curls (15%) (Sugar, Cocoa Mass, Cocoa Butter, Whole MILK Powder, Skimmed MILK Powder, Emulsifier (SOYA Lecithin), Natural Vanilla Flavouring)	Store in a cool, dry place For Best Before See Film	Once open consume within 24hrs	1 Serving	1824.00	436.00	24.00	9.70	49.00	37.00	1.90	3.80	0.90	1259.00	301.00	24.00	9.70	49.00	37.00	1.90	3.80	0.90
SS Raspberry Cup Cake	70g	Icing Sugar, Sugar, Salted Butter (Butter (MILK), Salt), Self Raising Flour (WHEAT Flour (WHEAT Flour, Calcium Carbonate, Iron, Niacin, Thiamin), Raising Agents (E341, E500i), EGG, Rapeseed Oil, Cake Mix (WHEAT Flour (WHEAT Flour, Calcium Carbonate, Iron, Niacin, Thiamin), Modified Malt Starch, Potato Starch, Skimmed MILK Powder, WHEAT Starch, Rapeseed Oil, Raising Agents (E450, E500), Whey Powder (MILK), Emulsifiers (E471, E477, E481), WHEAT Gluten, Salt, Stabiliser (E415), Water, White Chocolate Chunks (1%) (Sugar, Whole MILK Powder, Cocoa Butter, Emulsifier (SOYA Lecithin), Flavouring), Raspberry Flavoured Pieces (3%) (Fruit (Raspberry Juice, Raspberries, Apple Puree), Sugar, Fructose Syrup, Rice Meal, Palm Oil, Flavouring, Gelling Agent (E400), Acid (E330)), Flavouring, Humectant (E422), White Chocolate Curls (0.3%) (Sugar, Cocoa Butter, Full Cream MILK Powder, Whey Powder (MILK), Vegetable Oils (Palm, Salt, Shea, Mango Kernel), Emulsifier (SOYA Lecithin), Flavouring), Preservative (E202), Pink Colouring (Water, Colour (E122))	Store in a cool, dry place For Best Before See Film	Once open consume within 24hrs	1 Serving	1828.00	437.00	23.00	8.80	55.00	42.00	0.56	3.30	0.77	1280.00	306.00	23.00	8.80	55.00	42.00	0.56	3.30	0.83
SS Lemon Cup Cake	70g	Icing Sugar, Sugar, Self Raising Flour (WHEAT Flour (WHEAT Flour, Calcium Carbonate, Iron, Niacin, Thiamin), Raising Agents (E341, E500), EGG, Salted Butter (Butter (MILK), Salt), Rapeseed Oil, Meringue Granules (6%) (Sugar, WHEAT Starch, Free Range EGG Albumen Powder, Vegetable Fat (Palm Oil), Cake Mix (WHEAT Flour (WHEAT Flour, Calcium Carbonate, Iron, Niacin, Thiamin), Modified Malt Starch, Potato Starch, Skimmed MILK Powder, WHEAT Starch, Rapeseed Oil, Raising Agents (E450, E500), Whey Powder (MILK), Emulsifiers (E471, E477, E481), WHEAT Gluten, Salt, Stabiliser (E415), Water, Flavouring, Humectant (E422), Preservative (E202), Colour (E161b)	Store in a cool, dry place For Best Before See Film	Once open consume within 24hrs	1 Serving	1857.00	444.00	24.00	9.20	54.00	39.00	0.40	3.20	0.78	1300.00	311.00	17.00	6.40	37.00	28.00	0.40	3.20	0.78
SS Sticky Toffee Muffin	100g	Sugar, EGG, WHEAT Flour (WHEAT Flour, Calcium Carbonate, Iron, Niacin, Thiamin), Rapeseed Oil, Caramel Filling (13%) (Glucose Syrup, Sweetened Condensed Skimmed MILK, Water, Sugar, Palm Oil, Modified Malt Starch, Emulsifiers (E471, E477, E481), WHEAT Gluten, Salt, Stabiliser (E415), Water, Caramel Fudge Pieces (3%) (Sugar, Full Cream Condensed MILK, Fondant (Sugar, Glucose, Water), Glucose Syrup, Palm Fat, Water, Emulsifier (SOYA Lecithin), Flavouring, Toffee Flavour Coating (2%) (Sugar, Vegetable Oils (Palm Kernel, Palm), Whey Powder (MILK), WHEAT Flour (WHEAT Flour, Calcium Carbonate, Iron, Niacin, Thiamin), Fat Reduced Cocoa Powder, Cocoa Butter, Emulsifier (SOYA Lecithin), E160a, Flavouring, Colour (E160b)), Humectant (E422), Preservative (E202)	Store in a cool, dry place For Best Before See Film	Once open consume within 24hrs	1 Serving	1634.00	390.00	19.00	3.50	50.00	31.00	0.60	4.80	0.71	1634.00	390.00	19.00	3.50	50.00	31.00	0.60	4.80	0.71

PRE PACKAGED FOOD & BEVERAGE ALLERGY MATRIX

**Latest Update:** 17/12/2020 **Effort is made to keep this information up to date, from time to time there may be changes to product ingredients. Please note - not all products are available in all cinemas and some promotional, regional and trial products may not be listed. If you have any queries about the information provided contact ODEON Guest Services (Email: GS@odeon.co.uk Post: FREEPOST ODEON)**

Products	PRODUCT INFORMATION					NUTRITIONAL INFORMATION- PER 100G										NUTRITIONAL INFORMATION- PER SERVING							
	Pack size	INGREDIENTS (Allergens in BOLD)	Storage Information	Instructions for use	Serving size	ENERGY (KJ)	ENERGY (CAL)	FAT (g)	OF WHICH SATURATES (g)	CARBOHYDRATE 5 (g)	OF WHICH SUGARS (g)	FIBRE (g)	PROTEIN (g)	SALT (g)	ENERGY (KJ)	ENERGY (CAL)	FAT (g)	OF WHICH SATURATES (g)	CARBOHYDRATE 5 (g)	OF WHICH SUGARS (g)	FIBRE (g)	PROTEIN (g)	SALT (g)
SS Chocolate Muffin	100g	Sugar, Rapeseed Oil, EGG, WHEAT Flour (WHEAT Flour, Calcium Carbonate, Iron, Niacin, Thiamin), Chocolate Cake Mix (11%) (Cocoa Powder, Modified Maize and Potato Starch, WHEAT Flour (WHEAT Flour, Calcium Carbonate, Iron, Niacin, Thiamin), Chocolate Sugar, Cocoa Mass, Fat Reduced Cocoa Butter, Flavouring), Fat Reduced Cocoa Powder, Raising Agents (E300, E450, E341) Skimmed MILK Powder, Rapeseed Oil, Whey Powder (MILK), WHEAT Starch, Emulsifiers (E471, E477, E481), WHEAT Gluten, Salt, Flavouring, Stabiliser (E415), Water, Chocolate Filling (9%) (Chocolate Sugar, Cocoa Mass, Cocoa Butter, Whole MILK Powder, Emulsifier (SOYA Lecithin), Natural Flavouring), Humectants (E401, E422), Dextrose, Water, Sweetened Condensed Skimmed MILK Sugar, Thickeners (E491, E460, E466), Modified Starch, Salt Acid (E334), Preservative (E202), Emulsifier (E433), Chocolate Chunks (5%) (Cocoa Mass, Sugar, Emulsifier (SOYA Lecithin), Flavouring), Chocolate Flavour Fudge Topping (4%) (Sugar, Vegetable Oil (Rapeseed, Palm)), Glucose Syrup, Water, Fat Reduced Cocoa Powder, Emulsifiers (E471, E402, SOYA Lecithin), Colour (E150), Acidity Regulator (E575), Salt, Preservative (E202), Flavouring), Flavouring, Humectant (E422), Chocolate Flavour Coating (Sugar, Vegetable Oils (Palm Kernel, Palm)), Whey Powder (MILK), Fat Reduced Cocoa Powder, WHEAT Flour (WHEAT Flour, Calcium Carbonate, Iron, Niacin, Thiamin), Emulsifiers (SOYA Lecithin, E476), Flavouring)	Store in a cool, dry place For Best Before See Film	Once open consume within 24hrs	1 Serving	1693.00	405.00	21.00	4.70	48.00	28.00	2.20	5.00	0.87	1693.00	405.00	21.00	4.70	48.00	28.00	2.20	5.00	0.87
SS Fruity Blueberry	100g	Sugar, WHEAT Flour (WHEAT Flour, Calcium Carbonate, Iron, Niacin, Thiamin), EGG, Rapeseed Oil, Cake Mix (WHEAT Flour (WHEAT Flour, Calcium Carbonate, Iron, Niacin, Thiamin), Modified Maize Starch, Potato Starch, Skimmed MILK Powder, WHEAT Starch, Rapeseed Oil, Raising Agents (E450, E500), Whey Powder (MILK), Emulsifiers (E471, E477, E481), WHEAT Gluten, Salt, Stabiliser (E415), Blueberry Filling (9%) (Sugar, Blueberry (30%), Water, Glucose-Fructose Syrup, Modified Starch, Acid (E330), Gelling Agents (E440), Thickeners (E460), Preservative (E202), Natural Flavouring), Water, Blueberry Flavoured Pieces (5%) (Fruit (Apple Puree, Blueberry, Blueberry Juice), Sugar, Glucose-Fructose Syrup, Rice Meal, Palm Oil, Gelling Agents (E440), Flavouring, Citrus Fibre, Acid (E330), Flavouring, Glycerine, OATS, Natural Flavouring, Preservative (E202)	Store in a cool, dry place For Best Before See Film	Once open consume within 24hrs	1 Serving	1555.00	371.00	18.00	3.00	47.00	28.00	1.10	4.80	0.70	1555.00	371.00	18.00	3.00	47.00	28.00	1.10	4.80	0.70
SS Blue & Rasp. Muffin Twins	2 x 55g	Fruity Blueberry Sugar, EGG, WHEAT Flour (WHEAT Flour, Calcium Carbonate, Iron, Niacin, Thiamin), Rapeseed Oil, Fruit Filling (11%) (Sugar, Apple Puree, Blueberry Puree (30%), Modified Maize Starch, Gelling Agent (E418), Chokeberry Juice Concentrate, Acid (E330), Preservative (E202), Flavouring), Cake Mix (WHEAT Flour (WHEAT Flour, Calcium Carbonate, Iron, Niacin, Thiamin), Modified Maize Starch, Potato Starch, Skimmed MILK Powder, WHEAT Starch, Rapeseed Oil, Raising Agents (E450, E500), Whey Powder (MILK), Emulsifiers (E471, E477, E481), WHEAT Gluten, Salt, Stabiliser (E415), Blueberry Filling (9%) (Sugar, Blueberry (30%), Water, Glucose-Fructose Syrup, Modified Starch, Acid (E330), Gelling Agents (E440), Thickeners (E460), Preservative (E202), Natural Flavouring), Water, Blueberry Flavoured Pieces (5%) (Fruit (Apple Puree, Blueberry, Blueberry Juice), Sugar, Glucose-Fructose Syrup, Rice Meal, Palm Oil, Gelling Agents (E440), Flavouring, Citrus Fibre, Acid (E330), Flavouring, Humectant (E422), Preservative (E202), Raspberry White Chocolate Sugar, EGG, WHEAT Flour (WHEAT Flour, Calcium Carbonate, Iron, Niacin, Thiamin), Rapeseed Oil, Fruit Filling (10%) (Sugar, Apple Puree, Raspberry Puree (30%), Modified Maize Starch, Gelling Agent (E418), Chokeberry Juice Concentrate, Acid (E330), Flavouring, Colour (E163), Preservative (E202), Strawberry Flavour Fudge Filling (9%) (Sugar, Glucose Syrup, Vegetable Oil (Rapeseed, Palm), Water, Skimmed MILK Powder, Emulsifiers (E471, E402), Flavouring, Salt, Preservative (E202), Colour (E122), Cake Mix (WHEAT Flour (WHEAT Flour, Calcium Carbonate, Iron, Niacin, Thiamin), Modified Maize Starch, Potato Starch, Skimmed MILK Powder, WHEAT Starch, Rapeseed Oil, Raising Agents (E450, E500), Whey Powder (MILK), Emulsifiers (E471, E477, E481), WHEAT Gluten, Salt, Stabiliser (E415), Water, Raspberry Flavoured Pieces (4%) (Fruit (Raspberry Juice, Raspberries, Apple Puree), Sugar, Fructose Syrup, Rice Meal, Palm Oil, Flavouring, Gelling Agent (E440), Acid (E330), White Chocolate Flavour Coating (4%) (Sugar, Vegetable Oils (Palm Kernel, Palm)), Whey Powder (MILK), WHEAT Flour (WHEAT Flour, Calcium Carbonate, Iron, Niacin, Thiamin), Emulsifiers (SOYA Lecithin), Flavouring), Flavouring, White Chocolate Chunks (2%) (Sugar, Whole MILK Powder, Cocoa Butter, Emulsifier (SOYA Lecithin), Flavouring), Humectant (E422), Preservative (E202).	Store in a cool, dry place For Best Before See Film	Once open consume within 24hrs	1 Serving	1594.00	380.50	17.50	3.45	50.00	31.50	0.98	4.45	0.66	877.00	209.50	10.00	1.95	27.50	17.00	0.53	2.45	0.36
SS GF Brownie	70g	Brownie Mix (Sugar, Fat Reduced Cocoa Powder, Potato Starch, Palm Oil, Whey Powder (MILK), Dextrose, EGG White Powder, Raising Agents (E450, E500), Emulsifier (E471), Salt, Thickener (E415), Water, Rapeseed Oil, Chocolate Chunks (7%) (Cocoa Mass, Sugar, Emulsifier (SOYA Lecithin), Flavouring), Humectant (E422), Flavouring, Preservative (E202).	Store in a cool, dry place For Best Before See Side of Pack	Once open consume within 24hrs	1 Serving	1684.00	402.00	18.00	5.00	53.00	36.00	3.80	4.50	0.85	1179.00	281.00	13.00	3.50	37.00	25.00	2.70	3.10	0.59
SS Tiffin	70g	Biscuit crumbs (53%) (WHEAT Flour (WHEAT Flour, Calcium Carbonate, Iron, Niacin, Thiamin), Vegetable Oil (Palm, Rapeseed), Sugar, Wholemeal WHEAT Flour, Raising Agents (E300, E503, E334, E450, E296), Partially Inverted Sugar Syrup, Salt, Whey Powder (MILK), Dried Malt Extract (BARLEY), Chocolate Flavour Coating (24%) (Sugar, Vegetable Oils (Palm Kernel, Palm)), Whey Powder (MILK), Fat Reduced Cocoa Powder, WHEAT Flour (WHEAT Flour, Calcium Carbonate, Iron, Niacin, Thiamin), Emulsifiers (SOYA Lecithin, E476), Flavouring), Maltose (Palm) and Rapeseed Oil, Water, Salt, Emulsifier (E475), Flavouring), Partially Inverted Sugar Syrup, Sugar, Raisins (5%) (Raisins, Sunflower Oil, Sweetened Dried Cherries (5%) (Cherries, Glucose-Fructose Syrup, Sugar, Acidity Regulator (E330), Preservatives (E202, SULPHUR DIOXIDE), Colour (E172)), Cocoa Powder.	Store in a cool, dry place For Best Before See Back of Film	Once open consume within 24hrs	1 Serving	1981.00	473.00	24.00	13.00	59.00	38.00	3.10	4.40	0.50	1394.00	333.00	17.00	9.00	41.00	27.00	2.20	3.10	0.35
SS Carmel Shortcake	70g	Caramel Filling (4%) (Sugar, Palm Oil, Glucose Syrup, Water, Humectant (E420), Sweetened Condensed MILK (MILK, Sugar), Emulsifiers (E475, E471, E473), Colours (E150, E160a), Flavouring, WHEAT Protein, Salt, Preservative (E202), Acid (E334), Biscuit Crumb (31%) (WHEAT Flour (WHEAT Flour, Calcium Carbonate, Iron, Niacin, Thiamin), Vegetable Oils (Palm, Rapeseed), Sugar, Wholemeal WHEAT Flour, Raising Agents (E500, E503, E334, E450, E296), Partially Inverted Sugar Syrup, Salt, Whey Powder (MILK), Dried Malt Extract (BARLEY), Chocolate Flavour Coating (17%) (Sugar, Vegetable Oils (Palm Kernel, Palm)), Whey Powder (MILK), Fat Reduced Cocoa Powder, WHEAT Flour (WHEAT Flour, Calcium Carbonate, Iron, Niacin, Thiamin), Emulsifiers (SOYA Lecithin, E476), Flavouring), Maltose (Palm) and Rapeseed Oil, Water, Salt, Emulsifier (E475), Flavouring), Partially Inverted Sugar Syrup, Sugar, Raisins (5%) (Raisins, Sunflower Oil, Sweetened Dried Cherries (5%) (Cherries, Glucose-Fructose Syrup, Sugar, Acidity Regulator (E330), Preservatives (E202, SULPHUR DIOXIDE), Colour (E172)), Cocoa Powder.	Store in a cool, dry place For Best Before See Side of Film	Once open consume within 24hrs	1 Serving	2092.00	501.00	28.00	17.00	58.00	40.00	1.60	3.50	0.59	1464.00	350.00	20.00	12.00	40.00	28.00	1.10	2.40	0.41
SS Bakewell Flapjack	70g	OATS, White Chocolate Flavour Topping (19%) (Sugar, Vegetable Oils (Palm Kernel, Palm)), Whey Powder (MILK), WHEAT Flour (WHEAT Flour, Calcium Carbonate, Iron, Niacin, Thiamin), Emulsifier (SOYA Lecithin), Flavouring), Partially Inverted Sugar Syrup, Salted Butter (Butter (MILK), Salt), Brown Sugar, Mixed Fruit (5%) (Glucose Syrup, Apple, Plum, Rhubarb, Acidity Regulators (E330, E331), Colour (E163), Gelling Agent (E440), Flavouring, Preservative (E202), Sweetened Condensed MILK (MILK, Sugar), Flavouring, Chocolate Flavour Topping (Sugar, Vegetable Oils (Palm Kernel, Palm)), Whey Powder (MILK), Fat Reduced Cocoa Powder, WHEAT Flour (WHEAT Flour, Calcium Carbonate, Iron, Niacin, Thiamin), Emulsifiers (SOYA Lecithin, E476), Flavouring).	Store in a cool, dry place For Best Before See Side of Film	Once open consume within 24hrs	1 Serving	1930.00	461.00	21.00	13.00	62.00	34.00	3.50	4.90	0.42	1351.00	322.00	14.00	9.20	44.00	24.00	2.40	3.40	0.29
SS All Butter Flapjack	70g	OATS, Partially Inverted Sugar Syrup, Salted Butter (18%) (Butter (MILK), Salt), Brown Sugar, Sweetened Condensed MILK (MILK, Sugar).	Store in a cool, dry place For Best Before See Side of Film	Once open consume within 24hrs	1 Serving	1884.00	449.00	18.00	11.00	63.00	29.00	4.50	5.70	0.47	1319.00	314.00	13.00	7.50	44.00	20.00	3.10	4.00	0.33
SS Indulgent Chocolate Brownie	55g	Brownie Cake Mix (Sugar, Fat Reduced Cocoa Powder (19%), WHEAT Flour (WHEAT Flour, Calcium Carbonate, Iron, Niacin, Thiamin), Palm Oil, Whey Powder (MILK), Dextrose, EGG White Powder, Roasted WHEAT Malt Flour, Raising Agents (E450, E500, E341), Emulsifier (E471), Salt, Thickener (E415), Water, Rapeseed Oil, Humectant (E422), Flavouring, Preservative (E202).	Store in a cool, dry place For Best Before See Side of Film	Once open consume within 24hrs	1 Serving	1652.00	394.00	18.00	5.30	51.00	34.00	4.00	5.10	1.00	909.00	217.00	9.80	2.90	28.00	19.00	2.20	2.80	0.57

**HANG BAGS**



PRE PACKAGED FOOD & BEVERAGE ALLERGY MATRIX

**Latest Update:** 17/12/2020 **Effort is made to keep this information up to date, from time to time there may be changes to product ingredients. Please note - not all products are available in all cinemas and some promotional, regional and trial products may not be listed. If you have any queries about the information provided contact ODEON Guest Services (Email: GS@Odeon.co.uk Post: FREEPOST ODEON)**

Products	PRODUCT INFORMATION					NUTRITIONAL INFORMATION- PER 100G										NUTRITIONAL INFORMATION- PER SERVING									
	Pack size	INGREDIENTS (Allergens in BOLD)	Storage Information	Instructions for use	Serving size	ENERGY (KJ)	ENERGY (CAL)	FAT (g)	OF WHICH SATURATES (g)	CARBOHYDRATE S (g)	OF WHICH SUGARS (g)	FIBRE (g)	PROTEIN (g)	SALT (g)	ENERGY (KJ)	ENERGY (CAL)	FAT (g)	OF WHICH SATURATES (g)	CARBOHYDRATE S (g)	OF WHICH SUGARS (g)	FIBRE (g)	PROTEIN (g)	SALT (g)		
Lindt Gold Bar 300g		Milk** Sugar Cocoa Butter Cocoa Mass Vegetable Fats (Palm, Shea) Emulsifiers (E442, E476) Flavourings **The equivalent of 426 ml of Fresh Liquid Milk in every 227 g of Milk Chocolate Milk Solids 20 % minimum, actual 23 % Cocoa Solids 20 % minimum Contains Vegetable Fats in addition to Cocoa Butter - May Contain Nuts, Wheat	Ambient: Store in a dry place, protect from heat.		4 Chunks (25g)	2232	534	30	18	57	56	2.1	7.3	0.24	557	133	7.6	4.6	14	14	0.5	1.8	0.06		
Cadbury Dairy Milk 850g	850g	Sugar, glucose syrup, modified cornstarch, acidity regulators (E325, E330, E331), strawberry puree, Flavourings, lemon puree, pomegranate juice concentrate, peach puree concentrate, concentrates of apple, carrot, spirulina, black carrot, black currant, pumpkin, glazing agents (E901, E903, E904), coconut, thickener (Tapioca dextrin), colours (E100, E162, E163i, E171)	Cool Dry Place	Not suitable for under 5 year olds	100g	1547	364	0.5	0.2	91	60			0.14	1547	364	0.5	0.2	91	60			0.14		
Jelly Belly Cocktail Classics 200g Gable Gift Box	200g	Sugar, glucose syrup, modified cornstarch, acidity regulators (E297, E325, E330, E331), peach puree concentrate, strawberry puree, blueberry puree,	Cool Dry Place	Not suitable for under 5 year olds	100g	1530	360			90	67			0.02	1530	360	0	0	90	67			0.02		
Jelly Belly 20 Assorted Flavours 100g Box	100g	Sugar, glucose syrup, modified cornstarch, acidity regulators (E297, E325, E330, E331), apple juice concentrate, lemon puree, grape juice concentrate, cherry juice concentrate, orange puree, Flavourings, fruit and vegetable concentrates (apple, carrot, black currant, spirulina, pumpkin), glazing agents (E901, E903, E904), colours (E100, E171).	Cool Dry Place	Not suitable for under 5 year olds	100g	1514	356			89	60			0.2	1514	356			89	60			0.2		
<b>KIDS MIX SWEETS</b>																									
Bear YO YO Strawberry 20g	20g	Apples, Pears, Strawberries & black carrot extract (less than 1%)	Store cool and dry For Best Before End See Base	Young children 2 years+	2 rolls	280	0	0	63	42	10	1.9	0	234	56	0	0	13	8.4	2	0.4	0	0		
BEAR YOYO APPLE & BLACKCURRANT SOUR 20G	20g	Apples, Pears, Lemon, Butternut, Blackcurrant, Carrot, Beetroot	Store cool and dry For Best Before End See Base	Young children 2 years+	2 rolls	1170	280	0	0	63	42	10	1.9	0	234	56	0	0	13	8.4	2	0.4	0		
Cadbury Animal Biscuits	139.3g	Wheat Flour Sugar Vegetable Oil (Palm, Rapeseed) Cocoa Butter Cocoa Mass Skimmed Milk Powder Whey Permeate (From Milk) Fat Reduced Cocoa Powder 1.4 % Milk Fat Raising Agents (Ammonium Carbonates, Sodium Carbonates, Diphosphates) Salt Emulsifiers (E442, E476) Flavourings - May Contain Nuts	Ambient: Store in a dry place, protect from heat.		19.9g (bag)	2025	483	20	9.1	67	27	2.8	7.7	0.64	405	96	4	1.8	13.3	5.4	0.6	1.5	0.14		
Cadbury Buttons 14.4g	14.4	Milk** Sugar Cocoa Butter Cocoa Mass Vegetable Fats (Palm, Shea) Emulsifier (E442) Flavourings Milk Solids 20 % minimum, actual 23 % Cocoa Solids 20 % minimum Contains Vegetable Fats in addition to Cocoa Butter **The equivalent of 426 ml of Fresh Liquid Milk in every 227 g of Milk Chocolate	Ambient: Store in a dry place, protect from heat.		30g	2234	535	30	18	57	56	2.1	7.3	0.24	670	160	9.1	5.5	17	17	0.6	2.2	0.07		
Nestle Smarties Mini Bag 15g	60x15g	Sugar, Cocoa butter, Skimmed milk powder, Cocoa mass, Butterfat (From Milk), Wheat Flour, Lactose and proteins from whey (From Milk), Rice starch, Emulsifier (Sunflower lecithin), Fruit and vegetable concentrates (Safflower, Radish, Black carrot, Lemon, Hibiscus), Spirulina concentrate, Glazing agents (Carnauba wax, Beeswax white), Natural vanilla Flavouring, Allergy advice! For allergens, including cereals containing gluten, see ingredients in bold, important: Young children (less than 4 years) have limited chewing ability and could choke on small sweets.	Store cool and dry	Important: Young children (less than 4 years) have limited chewing ability and could choke on small sweets.	1 bag	2006	478	19.6	11.3	69.5	64.1	1	5.4	0.14	301	72	2.9	1.7	10.4	9.6	0.2	0.8	0.02		
Nestle Randoms Mini Bag 20g	60x20g	Ingredients: Glucose syrup, Sugar, Gelatine, Acids (Malic acid, Tartaric acid, Citric acid), Concentrated apple juice (1%), Flavourings, Glycerol (Vegetable Glycerol), Fruit and vegetable concentrates (Black carrot, Carrot, Hibiscus), Acidity regulator (Sodium ascorbate), Invert sugar syrup, Vegetable fats (Cocoa, Rapeseed, Sunflower), Colours (Chlorophylls and chlorophyllins, Paprika extract, Carotenes), Malto-dextrin, important: Young children (less than 4 years) have limited chewing ability and could choke on small sweets.	Store cool and dry	Important: Young children (less than 4 years) have limited chewing ability and could choke on small sweets.	1 bag	1403	330	0.1	0.1	76.2	56.8	0	4.9	0.05	275	65	trace	trace	15.2	11.4	0	1	0.01		
Nestle Milkybar Mini Bag 12g	60x12g	Ingredients: Milk powders (whole and skimmed) (37.5%), Sugar, Cocoa butter, Vegetable Fat (Mango kernel/ Palm/ Sal/ Shea), Emulsifier (Sunflower lecithin), Natural Flavouring, important: Young children (less than 4 years) have limited chewing ability and could choke on small sweets.	Store cool and dry	Important: Young children (less than 4 years) have limited chewing ability and could choke on small sweets.	1 bag	2265	542	31.7	19.1	52.9	52.5	0	10.8	0.35	272	65	3.8	2.3	6.3	6.3	0	1.3	0.04		
<b>BOTTLED DRINKS - CORE</b>																									
Diet Coke Mango 500ml	500ml	Ingredients: Carbonated Water, Colour (Caramel E150d), Acid (Phosphoric Acid), Sweeteners (Aspartame, Acesulfame K), Natural Flavourings Including Caffeine, Acidity Regulator (Sodium Citrate).	Store cool and dry	Best served chilled	250ML	1.2	0.3	0	0	0	0	0	0	0.01	3	1	0	0	0	0	0	0	0.03		
Diet Coke Strawberry 500ml	500ml	Carbonated Water, Colour (Caramel E150d), Phosphoric Acid, Sweeteners (Aspartame, Acesulfame K), Natural Flavourings incl. Caffeine, Acidity Regulator (Sodium Citrate).	Store cool and dry For Best Before End See side of cap or bottle need for date.	Please open by hand. Serve chilled. Once open, refrigerate and consume within 3 days.	250ml	1.9	0.5	0	0	0	0	0	0	0.01	5	3	0	0	0	0	0	0	0.03		
Coca Cola 500ml	500ml	Ingredients: Carbonated Water, Sugar, Colour (Caramel E150d), Acid (Phosphoric Acid), Natural Flavourings Including Caffeine.	Best served chilled	Store cool and dry.	250ML	180	42	0	0	10.6	10.6	0	0	0	450	105	0	0	27	27	0	0	0		
Coke Diet 500ml	500ml	Ingredients: Carbonated Water, Colour (Caramel E150d), Sweeteners (Aspartame, Acesulfame K), Natural Flavourings Including Caffeine, Acids (Phosphoric Acid, Citric Acid).	Store cool and dry	Best served chilled	250ML	1.6	0.4	0	0	0	0	0	0	0	4	1	0	0	0	0	0	0	0		
Coke Zero 500ml	500ml	Ingredients: Carbonated Water, Colour (Caramel E150d), Acid (Phosphoric Acid), Sweeteners (Aspartame, Acesulfame K), Natural Flavourings Including Caffeine, Acidity Regulator (Sodium Citrate).	Store cool and dry	Best served chilled	250ML	1.4	0.3	0	0	0	0	0	0	0.02	4	1	0	0	0	0	0	0	0.05		
Coke Zero Cherry 500ml	500ml	Ingredients: Carbonated Water, Colour (Caramel E150d), Acid (Phosphoric Acid), Sweeteners (Aspartame, Acesulfame K), Natural Flavourings Including Caffeine, Acidity Regulator (Sodium Citrate).	Store cool and dry	Best served chilled	250ML	1.5	0.4	0	0	0	0	0	0	0.01	4	1	0	0	0	0	0	0	0.02		
Coke Zero Peach 500ml	500ml	Ingredients: Carbonated Water, Colour (Caramel E150d), Acid (Phosphoric Acid), Natural Flavourings Including Caffeine, Sweeteners (Aspartame, Acesulfame K), Acidity Regulator (Sodium Citrate).	Store cool and dry	Best served chilled	250ML	1.7	0.4	0	0	0	0	0	0	0.01	4	1	0	0	0	0	0	0	0.03		
Coke Zero Raspberry 500ml	500ml	Carbonated Water, Colour (Caramel E150d), Acid (Phosphoric Acid), Natural Flavourings Including Caffeine, Sweeteners (Aspartame, Acesulfame K), Acidity Regulator (Sodium Citrate).	Store cool and dry For Best Before End See side of cap or bottle need for date.	Please open by hand. Serve chilled. Once open, refrigerate and consume within 3 days.	250ml	1.8	0.4	0	0	0	0	0	0	0.01	5	1	0	0	0	0	0	0	0.03		
Fanta Zero Orange 500ml	500ml	Ingredients: Carbonated Water, Orange Fruit From Concentrate (4%), Acids (Citric Acid, Malic Acid), Sweeteners (Acesulfame K, Aspartame), Preservative (Potassium Sorbate), Natural Orange Flavouring With Other Natural Flavourings, Vegetable Concentrates (Carrot, Pumpkin), Antioxidant (Ascorbic Acid), Stabiliser (Guar Gum).	Store cool and dry	Best served chilled	250ML	13	3	0	0	0.5	0.5	0	0	0	33	8	0	0	1.3	1.3	0	0	0		
Fanta Lemon 500ml	500ml	Carbonated Water, Lemon Juice from Concentrate (5%), Sugar, Acidity Regulator (Sodium Citrate), Citric Acid, Sweeteners (Acesulfame K, Aspartame), Malic acid, Preservative (Potassium Sorbate), Stabilisers (Kappa Gum, Glyceryl Esters of Wood Rosin), Antioxidant (Ascorbic Acid), Natural Lemon Flavouring with Other Natural Flavourings.	Store cool and dry For Best Before End See side of cap or bottle need for date.	Please open by hand. Serve chilled. Once open, refrigerate and consume within 3 days.	250ml	81	19	0	0	4.5	4.5	0	0	0.02	203	48	0	0	11	11	0	0	0.05		
Fanta Zero Exotic 500ml	500ml	Carbonated Water, Fruit Juices from Concentrate 4.4% (Orange 3.4%, Peach 0.5%, Apple 0.4%, Passion Fruit 0.1%), Citric Acid, Malic Acid, Preservative (Potassium Sorbate), Vegetable and Plant Concentrates (Carrot, Safflower), Sweeteners (Aspartame, Acesulfame K), Natural Flavourings, Stabilisers (Glycerol Esters of Wood Rosin, Guar Gum).	Store cool and dry For Best Before End See side of cap or bottle need for date.	Please open by hand. Serve chilled. Once open, refrigerate and consume within 3 days.	250ml	13	3	0	0	0.5	0.5	0	0	0	33	8	0	0	1.3	1.3	0	0	0		
Fanta Wildberries 500ml	500ml	Carbonated Water, Fruit Juices from Concentrate 2.2% (Apple 1.5%, Blackberry 0.5%, Raspberry 0.1%), Citric Acid, Malic Acid, Vegetable and Plant Concentrates (Carrot, Hibiscus), Sweeteners (Acesulfame K, Aspartame), Acidity Regulator (Sodium Citrate), Preservative (Potassium Sorbate), Antioxidant (Ascorbic Acid), Natural Flavourings.	Store cool and dry For Best Before End See side of cap or bottle need for date.	Please open by hand. Serve chilled. Once open, refrigerate and consume within 3 days.	250ml	10	2	0	0	0.3	0.3	0	0	0.02	25	5	0	0	0.8	0.8	0	0	0.04		

PRE PACKAGED FOOD & BEVERAGE ALLERGY MATRIX

**Latest Update:** 17/12/2020 **Effort is made to keep this information up to date, from time to time there may be changes to product ingredients. Please note - not all products are available in all cinemas and some promotional, regional and trial products may not be listed. If you have any queries about the information provided contact ODEON Guest Services (Email: GS@Odeon.co.uk Post: FREEPOST ODEON)**

Products	PRODUCT INFORMATION				NUTRITIONAL INFORMATION- PER 100G										NUTRITIONAL INFORMATION- PER SERVING								
	Pack size	INGREDIENTS (Allergens in BOLD)	Storage Information	Instructions for use	Serving size	ENERGY (KJ)	ENERGY (CAL)	FAT (g)	OF WHICH SATURATES (g)	CARBOHYDRATE S (g)	OF WHICH SUGARS (g)	FIBRE (g)	PROTEIN (g)	SALT (g)	ENERGY (KJ)	ENERGY (CAL)	FAT (g)	OF WHICH SATURATES (g)	CARBOHYDRATE S (g)	OF WHICH SUGARS (g)	FIBRE (g)	PROTEIN (g)	SALT (g)
Varita Fruit Twist 500ml	500ml	Ingredients: Carbonated Water, Sugar, Fruit Juices From Concentrate 4.4% (Orange 3.4%, Peach 0.5%, Apple 0.4%, Passion Fruit 0.1%), Vegetable And Plant Concentrates (Carrot, Safflower), Acids (Citric Acid, Malic Acid), Sweeteners (Acesulfame K, Aspartame), Preservative (Potassium Sorbate), Natural Flavouring, Stabilisers (Glycerol Esters Of Wood Rosins, Guar Gum).	Store cool and dry.	Best served chilled	250ML	85	20	0	0	4.8	4.8	0	0	0	213	50	0	0	16	16	0	0	0
Lit 500ml	500ml	Carbonated Water, Fruit Juices From Concentrates 5% (Pineapple, Grapefruit), Sugar, Citric Acid, Antioxidant (Ascorbic Acid), Sweeteners (Acesulfame K, Aspartame, Sodium Saccharin), Preservative (Potassium Sorbate), Flavourings, Stabilisers (Acacia Gum, Guar Gum, Sucrose Acetate Isoobutyrate, Glycerol Esters Of Wood Rosin, Colour (Carotenes).	For Best Before End See side of cap or bottle neck for date.	Please open by hand. Once open, refrigerate and consume within 3 days.	250ml	84	20	0	0	4.6	4.6	0	0	0	210	50	0	0	12	12	0	0	0
Dr Pepper 500ml	500ml	Ingredients: Carbonated Water, Sugar, Colour (Aaramel E150d), Acid (Phosphoric Acid), Sweeteners (Aspartame, Acesulfame K), Preservative (Potassium Sorbate), Flavourings Including Caffeine.	Store cool and dry.	Best served chilled	250ML	85	20	0	0	4.9	4.9	0	0	0	213	50	0	0	12	12	0	0	0
Dr Pepper Zero 500ml	500ml	Ingredients: Carbonated Water, Colour (Caramel E150d), Flavourings Including Caffeine, Acid (Phosphoric Acid), Sweeteners (Aspartame, Acesulfame K), Preservative (Potassium Sorbate).	Store cool and dry.	Best served chilled	250ML	2.1	0.5	0	0	0	0	0	0	0	5	1	0	0	0	0	0	0	0
Spike Regular 500ml	500ml	Ingredients: Carbonated Water, Sugar, Acid (Citric Acid), Sweeteners (Acesulfame K, Aspartame), Acidity Regulator (Sodium Citrate), Natural Lemon And Lime Flavourings.	Store cool and dry.	Best served chilled	250ML	61	14	0	0	3.3	3.3	0	0	0.01	153	35	0	0	8.3	8.3	0	0	0.03
Purdeys Rejuvenate Can 250ml	250ml x 12	Ingredients: Fruit Juices From Concentrate (Grape 38%, Apple 15%), Carbonated Spring Water (46%), Botanical Extracts (Damiana, Oak Bark, Chinese Ginseng), Natural Flavourings, Acid (Citric Acid), Vitamins (C, Niacin, Thiamin, B6, Riboflavin, B12).	Chiller		12	126	30	0	0	6.3	6.3	0	0.5	0	315	75	0	0	15.75	15.75	0	1.25	0
Purdeys Edge Can 250ml	250ml x 12	Ingredients: Fruit Juices From Concentrate (Grape 38%, Apple 12%, Blackberry 2%, Rose 2%), Carbonated Spring Water (44%), Acid (Citric Acid), Botanical Extracts (Blackthorn, Hawthorn, Guaiacum (Senegal), Wormwood), Natural Colour (Anthocyanins), Natural Blackberry Flavouring with other Natural Flavourings, Vitamins (C, Niacin, Thiamin, B6, Riboflavin, B12).	Chiller		12	120	28	0	0	6.3	6.3	0	0	0	300	70	0	0	15.75	15.75	0	0	0
San Pellegrino Aranciata Can 330ml	330ml	Water, Orange Juice From Concentrate (16%), Sugar, Carbon Dioxide, Orange Extract, Acid (Citric Acid), Stabilisers (Pectin), Natural Orange Flavouring, Sweetener: Steviol Glycosides, Natural Flavourings, Sweetener From Natural Origin.	Store cool and dry. For Best Before End See Base.	Serve chilled	1	91	22	0	0	4.7	4.7	0.1	0	0	302	71 cal	0	0	15.5	15.5	0.3	0	0
San Pellegrino Limonata Can 330ml	330ml	Water, Lemon Juice From Concentrate (Lemon Juice From Concentrate (11%), Lemon Juice (5%)), Sugar, Carbon Dioxide, Natural Lemon Flavouring, Sweetener: Steviol Glycosides, Natural Flavourings, Sweetener From Natural Origin.	Store cool and dry. For Best Before End See Base.	serve chilled	1	91	22	0	0	4.7	4.7	0.1	0	0	302	71 cal	0	0	15.5	15.5	0.3	0	0
Im Bru 500ml	500ml	Carbonated Water, Sugar, Acid (Citric Acid) Flavourings (Including Caffeine, Ammonium Ferric Citrate & Quinine) Sweeteners (Aspartame, Acesulfame K) Preservative (E211) Colours (Sunset Yellow FCF, Ponceau4R).	Store in a cool dry place away from direct sunlight.		2x250ml	84/20	0	0	4.8	4.7	+0.5	+0.01	210/49	0	0	12	0	0	0	0.02			
Im Bru Diet 500ml	500ml	Carbonated Water, Sugar, Acid (Citric Acid) Flavourings (Including Caffeine, Ammonium Ferric Citrate & Quinine) Sweeteners (Aspartame, Acesulfame K) Preservative (E211) Colours (Sunset Yellow FCF, Ponceau4R).	Store in a cool dry place away from direct sunlight.		2x250ml	3/0.7	0	0	0	0	0	-0.5	-0.01	7 Feb	0	0	12	0	0	0	0.02		
Oasis Summer Fruits 500ml	500ml	Ingredients: Water, Sugar, Fruit Juices From Concentrate 5% (Apple 1.7%, Strawberry 1.5%, Redcurrant 1.2%, Cherry 0.6%), Acid (Citric Acid), Natural Berry Flavouring With Other Natural Flavourings, Fruit And Vegetable Concentrates (Blueberry, Blackcurrant, Carrot, Apple, Hibiscus), Stabiliser (Polyphosphates), Acidity Regulator (Sodium Citrate), Preservatives (Potassium Sorbate, Sodium Benzoate), Sweeteners (Aspartame, Acesulfame K).	Store cool and dry.	Best served chilled. Refrigerate after opening and consume within 3 days.	250ML	74	17	0	0	4.1	4.1	0	0	0.08	185	43	0	0	10	10	0	0	0.2
Oasis Citrus Punch 500ml	500ml	Ingredients: Water, Sugar, Fruit Juices From Concentrate 5% (Orange 3.7%, Tangerine 1%, Lemon 0.5%), Acid (Citric Acid), Plant Concentrate (Safflower), Natural Orange Flavouring With Other Natural Flavourings, Stabilisers (Polyphosphates, Modified Starch, Glycerol Esters Of Wood Rosin), Acidity Regulator (Sodium Citrate), Preservatives (Potassium Sorbate, Sodium Benzoate), Sweeteners (Aspartame, Acesulfame K).	Store cool and dry.	Best served chilled. Refrigerate after opening and consume within 3 days.	250ML	77	18	0	0	4.1	4.1	0	0	0.08	193	45	0	0	10	10	0	0	0.2
Oasis Kiwi Apple Sour 500ml	500ml	Ingredients: Water, Fruit Juices From Concentrate 5% (Apple 4.3%, Kiwi 0.5%), Acid (Citric Acid), Stabiliser (Polyphosphates), Preservatives (Potassium Sorbate, Sodium Benzoate), Acidity Regulator (Sodium Citrate), Sweeteners (Acesulfame K, Aspartame, Sodium Saccharin), Natural Flavourings, Fruit And Plant Concentrates (Apple, Hibiscus, Safflower).	Store cool and dry.	Best served chilled. Refrigerate after opening and consume within 3 days.	250ML	18	4	0	0	0.6	0.6	0	0	0.09	45	10	0	0	1.5	1.5	0	0	0.23
Oasis Citrus Punch Zero 500ml	500ml	Water, Fruit Juices From Concentrate 5.2% (Orange 3.7%, Mandarin 1%, Lemon 0.5%), Citric Acid, Stabilisers (Polyphosphates, Modified Starch, Glycerol Esters Of Wood Rosin), Preservatives (Potassium Sorbate, Sodium Benzoate), Acidity Regulator (Sodium Citrate), Sweeteners (Acesulfame K, Aspartame, Sodium Saccharin), Vegetable Extract (Safflower), Natural Orange Flavouring with Other Natural Flavourings.	Store cool and dry. For Best Before End See Side of cap or bottle neck for date.	Serve chilled. Once open, refrigerate and consume within 3 days.	250ml	16	3.8	0	0	0.5	0.5	0	0	0.08	40	10	0	0	1.3	1.3	0	0	0.2
Oasis Summer Fruits Zero 500ml	500ml	Water, Fruit Juices From Concentrate 3% (Apple 1.7%, Strawberry 1.3%, Redcurrant 1.2%, Cherry 0.6%), Citric Acid, Natural Berry Flavouring With Other Natural Flavourings, Fruit And Vegetable Concentrates (Blueberry, Blackcurrant, Carrot, Apple, Hibiscus), Stabiliser (Polyphosphates), Acidity Regulator (Sodium Citrate), Preservatives (Potassium Sorbate, Sodium Benzoate), Sweeteners (Acesulfame K, Aspartame, Sodium Saccharin).	Store cool and dry. For Best Before End See side of cap or bottle neck for date.	Serve chilled. Once open, refrigerate and consume within 3 days.	250ml	14	3	0	0	0.5	0.5	0	0	0.09	35	8	0	0	1	1	0	0	0.23
Glacéau Vitamin Water: Defence 500ml	500ml	Ingredients: Spring Water, Flavour enhancer (erythritol), citric acid, vitamins (C, niacin, pantothenic acid, B6), Fruit and vegetable concentrates (carrot, blackcurrant), sweetener (steviol glycosides), natural flavourings, mineral salt (zinc gluconate).	Store cool and dry of direct sunlight.	Refrigerate after opening and consume within 3 days	250ML	5	1	0	0	1	0	0	0	0	10	3	0	0	2	0	0	0	0
Lipton Ictea Peach 500ml	500ml x 12	Water, Sugar, Acids (Malic Acid, Citric Acid), Black Tea Extract (0.14%), Peach Juice From Concentrate (0.1%), Flavourings, Antioxidant (Ascorbic Acid), Acidity Regulator (Tropidum Citrate), Sweetener (Steviol Glycosides).	Chiller		12	82	19	0.5	0.1	4.7	4.5	0	0.5	0.02	410	95	2.5	0.5	23.5	22.5	0	2.5	0.1
Lipton Ice Tea Raspberry 500ml	500ml x 12	Ingredients: Water, Sugar, Acid (Citric Acid), Tea Extract (0.12%), Raspberry Juice From Concentrate (0.1%), Flavouring, Acidity Regulator (Tropidum Citrate), Antioxidant (Ascorbic Acid), Sweetener (Steviol Glycosides).	Chiller		12	82	19	0.5	0.1	4.6	4.5	0	0.5	0.03	410	95	2.5	0.5	23	22.5	0	2.5	0.15
Fuze Tea Mango & Chamomile 400ml	400ml	Ingredients: Green Tea Infusion (94%) (Water, Concentrated Green Tea (1) Infusion (1%)), Sugar, Amino Acids From Concentrate (1%), Acid (Citric Acid), Acidity Regulator (Sodium Citrate), Antioxidant (Ascorbic Acid), Natural Flavourings, Sweetener (Steviol Glycosides) From the Stevia Plant, Camomile Extracts (1) Rainforest Alliance Certified™.	Store cool and dry.	Best served chilled	400ML	78	19	0	0	4.3	4.3	0	0	0.03	312	76	0	0	17	17	0	0	0.12
Fuze Tea Black Peach 400ml	400ml	Ingredients: Black Tea Infusion (91%) (Water, Concentrated Black Tea (1) Infusion (1%)), Peach Juice From Concentrate (0.5%), Sugar, Acid (Citric Acid, Malic Acid), Natural Peach Flavouring, Natural Flavourings, Acidity Regulator (Sodium Citrate), Antioxidant (Ascorbic Acid), Hibiscus Extracts, Sweetener (Steviol Glycosides) From the Stevia Plant (1) Rainforest Alliance Certified™.	Store cool and dry.	Best served chilled	400ML	79	19	0	0	4.3	4.3	0	0	0.03	316	76	0	0	17	17	0	0	0.12
Blackcurrant Fruit Shoot 275ml	275ml x 24	Ingredients: Water, Fruit Juices From Concentrate (Apple 6%, Blackcurrant 2%, Plum), Acid (Citric Acid), Natural Colour (Anthocyanins), Natural Flavouring, Preservatives (Potassium Sorbate, Dimethyl Dicarbonate), Acidity Regulator (Sodium Citrate), Antioxidant (Ascorbic Acid), Sweeteners (Acesulfame K, Sucralose), Vitamins (Niacin, B6, Biotin).	Chiller		24	20	5	0	0	0.8	0.8	0	0	0.03	55	13.75	0	0	2.2	2.2	0	0	0.0825

PRE PACKAGED FOOD & BEVERAGE ALLERGY MATRIX

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Products	PRODUCT INFORMATION				NUTRITIONAL INFORMATION- PER 100G										NUTRITIONAL INFORMATION- PER SERVING									
	Pack size	INGREDIENTS (Allergens in BOLD)	Storage Information	Instructions for use	Serving size	ENERGY (KJ)	ENERGY (CAL)	FAT (g)	OF WHICH SATURATES (g)	CARBOHYDRATE S (g)	OF WHICH SUGARS (g)	FIBRE (g)	PROTEIN (g)	SALT (g)	ENERGY (KJ)	ENERGY (CAL)	FAT (g)	OF WHICH SATURATES (g)	CARBOHYDRATE S (g)	OF WHICH SUGARS (g)	FIBRE (g)	PROTEIN (g)	SALT (g)	
Orange Fruit Shoot 275ml	275ml x 24	Ingredients: Water, Orange Juice From Concentrate (8%), Acid (Citric Acid), Natural Flavouring, Preservatives (Potassium Sorbate, Dimethyl Dicarbonate), Antioxidant (Ascorbic Acid), Acidity Regulator (Sodium Citrate), Carrot Concentrate, Sweeteners (Acesulfame K, Sucralose), Stabiliser (Xanthan Gum), Vitamins (Niacin, B6, Biotin).	Chiller		24	20	5	0	0	0.8	0.8	0	0	0.02	55	13.75	0	0	2.2	2.2	0	0	0.055	
Fruite Apple Juice 330ml	330ml	100% Pure Apple Juice from Concentrate	For Best Before End See side of cap or bottle neck for date.	Chill and shake well. After opening, this product should be refrigerated and consumed within 3 days.	330ml	183	43	0	0	10.5	8.5	0	0.2	0	604	142	0	0	34.7	28.1	0	0.7	0	
Fruite Orange Juice 330ml	330ml	100% Pure Orange Juice from Concentrate	For Best Before End See side of cap or bottle neck for date.	Chill and shake well. After opening, this product should be refrigerated and consumed within 3 days.	330ml	191	45	0	0	10.7	9.1	0	0.7	0.01	630	149	0	0	35.3	30	0	2.3	0.03	
Capri Sun Orange 330ml	330ml	Ingredients: Spring water, Fruit juices from concentrate 12% (orange 7%, lemon, lime), sugar, natural flavouring, sweetener (steviol glycosides), antioxidant (ascorbic acid)		Refrigerate after opening and consume within 3 days	330ML	89	21	0	0	4.6	4.9	0	0	0	293	69	0	0	16	16	0	0	0	
Nescafe Azera Nitro Americano Can 192ml	12x192ml	Water, Sugar, Soluble Coffee (1.6%), Acidity Regulator (E500), Nitrogen, Semi-Skimmed Milk (7%), Water, Sugar, Soluble Coffee (1.5%), Stabiliser (E460, E460), Acidity Regulators (E500, E332), Nitrogen.	Store in a cool, dry place.	Best served chilled.	Single serve	49	12	trace	NR	2.5	2.5	0.6	0.1	0.05										
Nescafe Azera Nitro Latte Can 192ml	12x192ml	Semi-Skimmed Milk (7%), Water, Sugar, Soluble Coffee (1.5%), Stabiliser (E460, E460), Acidity Regulators (E500, E332), Nitrogen.	Store in a cool, dry place.	Best served chilled.	Single serve	217	52	1.2	0.07	7	6.8	0.8	2.7	0.18										
<b>BOTTLED DRINKS - WATER</b>																								
Abbeywell Still Water 500ml	500ml	Not Applicable	Store cool and dry away from sunlight, strong odours and chemicals.	Best served chilled	250ML	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
Abbeywell Sparkling Water 500ml	500ml	Not Applicable	Store cool and dry away from sunlight, strong odours and chemicals.	Best served chilled	250ML	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
Glacéau Smart Water 850ml	850ml	Ingredients: Vapour Distilled Spring Water, Electrolytes (Calcium Chloride, Magnesium Chloride, Potassium Bicarbonate).	Store in a cool and dry place, away from sunlight, strong odours and chemicals.	Open by hand	None	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
RiverRock Still 500ml	500ml	Deep RiverRock Still Water	For Best Before End See side of cap or bottle neck for date.	Serve chilled. Once open, refrigerate and consume within 3 days.	500ml	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
RiverRock Sparkling 500ml	500ml	Deep RiverRock Carbonated Water	For Best Before End See side of cap or bottle neck for date.	Serve chilled. Once open, refrigerate and consume within 3 days.	500ml	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
RiverRock Sparkling Lemon & Lime 500ml IRE	500ml	Deep RiverRock Sparkling Water 99.6%, Natural Citrus Flavouring with other Natural Flavourings, Acid (Citric Acid), Preservatives (Potassium Sorbate, Sodium Benzoate), sweeteners (Sucralose, Acesulfame K).	For Best Before End See side of cap or bottle neck for date.	Serve chilled. Once open, refrigerate and consume within 3 days.	200ml	7	2	0	0	0	0	0	0	0.02	18	5	0	0	0	0	0	0	0	0.05
RiverRock Still 750ml	750ml	Deep RiverRock Still Water	For Best Before End See side of cap or bottle neck for date.	Serve chilled. Once open, refrigerate and consume within 3 days.	750ml	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
Acqua Panna 500ml	500ml	Natural Mineral Water	Store cool and dry For Best Before End See Base	serve chilled	1	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
San Pelligrino Sparkling Water 500ml Can O Water	500ml	Natural Mineral Water, Natural Carbon Dioxide	Store cool and dry For Best Before End See Base	serve chilled	1	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
<b>KIDS MIX DRINKS</b>																								
Capri Sun Fruit Water Blackcurrant 200ml	200ml	Ingredients: Water, Blackcurrant juice from concentrate (3%), acid (citric acid), natural flavouring, sweetener (sucralose).	Store in a cool dry place	Super-easy opening	200ML	7	2	0	0	0	0	0	0	0	14	4	0	0	0	0	0	0	0	0
Capri Sun Orange 200ml	200ml	Ingredients: Water, Fruit juices from concentrate 12% (orange 8.5%, lemon, lime), sugar, natural flavouring, sweetener (steviol glycosides), antioxidant (ascorbic acid).	Store in a cool dry place	Refrigerate after opening and consume within 3 days	200ML	89	21	0	0	4.9	4.9	0	0	0	178	42	0	0	0	0	0	0	0	0
Abbey Well Still 250ml	250ml	Not Applicable	Store cool and dry away from sunlight, strong odours and chemicals.	Best served chilled	250ML	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
RiverRock Still 330ml	330ml	Deep RiverRock Still Water	For Best Before End See side of cap or bottle neck for date.	Serve chilled. Once open, refrigerate and consume within 3 days.	330ml	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
Blackcurrant Fruit Shoot 200ml	200ml x 24	Ingredients: Water, Fruit Juices From Concentrate (Apple 6%, Blackcurrant 2%, Plum), Acid (Citric Acid), Natural Colour (Anthocyanins), Natural Flavouring, Preservatives (Potassium Sorbate, Dimethyl Dicarbonate), Acidity Regulator (Sodium Citrate), Antioxidant (Ascorbic Acid), Sweeteners (Acesulfame K, Sucralose), Vitamins (Niacin, B6, Biotin).	Chiller		24	20	5	0	0	0.8	0.8	0	0	0.03	40	10	0	0	1.6	1.6	0	0	0	0.06
Orange Fruit Shoot 200ml	200ml x 24	Ingredients: Water, Orange Juice From Concentrate (8%), Acid (Citric Acid), Natural Flavouring, Preservatives (Potassium Sorbate, Dimethyl Dicarbonate), Antioxidant (Ascorbic Acid), Acidity Regulator (Sodium Citrate), Carrot Concentrate, Sweeteners (Acesulfame K, Sucralose), Stabiliser (Xanthan Gum), Vitamins (Niacin, B6, Biotin).	Chiller		24	20	5	0	0	0.8	0.8	0	0	0.02	40	10	0	0	1.6	1.6	0	0	0	0.04
Fruite Juicy Orange 250ml	250ml	Water, Orange Juice From Concentrate (8%), Acid (Citric Acid), Natural Orange Flavouring, Preservatives (Dimethyl Dicarbonate, Potassium Sorbate), Sweeteners (Acesulfame K, Sucralose), Acidity Regulator (Sodium Citrate), Antioxidant (Ascorbic Acid), Colour (Carotenes), Stabiliser (Xanthan Gum), Vitamins (Niacin, Pantothenic Acid, B6, Folic Acid)	Store in a cool, dry place away from direct sunlight. Best before end: see bottle neck for date.	Shake well before use. Best serve chilled. Once opened, refrigerate and use within 3 days.	250ml	36	9	0.6	0.6	0.6	0.6	0	0	0.03	90	23	1.5	1.5	1.5	1.5	0	0	0	0.08
Fruite Juicy Apple & Blackcurrant 250ml	250ml	Water, Apple Juice From Concentrate (8%), Blackcurrant Juice From Concentrate (2%), Acid (Citric Acid), Acidity Regulator (Sodium Citrate), Sweeteners (Sucralose, Acesulfame K), Natural Flavourings, Preservatives (Potassium Sorbate, Dimethyl Dicarbonate), Antioxidant (Ascorbic Acid), Vitamins (Niacin, Pantothenic Acid, B6, Folic Acid).	Store in a cool, dry place away from direct sunlight. Best before end: see bottle neck for date.	Shake well before use. Best serve chilled. Once opened, refrigerate and use within 3 days.	250ml	21	5	0	0	1.2	1.1	0	0	.03	53	13	0	0	3	2.8	0	0	0	0.08
<b>BAR SOFT DRINKS</b>																								
Fenimans Traditional Ginger Beer Glass Bottle	275ml	Carbonated water, fermented ginger root extract (water, glucose syrup, ginger root, pear juice concentrate, yeast), sugar, glucose syrup, pear juice concentrate, natural flavourings (ginger, lemon, capsicum), cream of tartar, citric acid, herbal infusions (spearmint, juniper, yarrow).	Store in a cool place or refrigerate	Consume chilled as a soft drink or mix to create your favourite cocktail or mocktail	1	163.17	39Kcal	0	0	9	7.8	0	0	0	448.71	107.25	0	0	24.75	21.45	0	0	0	0
Fenimans Rose Lemonade Glass Bottle	275ml	Carbonated Water, Sugar, Clarified Lemon Juice From Concentrate (7%), Glucose Syrup, Fermented Ginger Root Extract (water, glucose syrup, ginger root, pear juice concentrate, yeast), Pear Juice Concentrate, Natural Flavourings (lemon, orange), Tartaric Acid, Citric Acid, Natural Colour: red cabbage extract, Bulgarian Rose Oil.	Store in a cool place or refrigerate	Consume chilled as a soft drink or mix to create your favourite cocktail or mocktail	1	171.54	41	0	0	9.2	7.5	0	0	0	471.73	112.75	0	0	25.3	20.62	0	0	0	0

PRE PACKAGED FOOD & BEVERAGE ALLERGY MATRIX

**Latest Update:** 17/12/2020 **Effort is made to keep this information up to date, from time to time there may be changes to product ingredients. Please note - not all products are available in all cinemas and some promotional, regional and trial products may not be listed. If you have any queries about the information provided contact ODEON Guest Services (Email: GS@odeon.co.uk Post: FREEPOST ODEON)**

Products	PRODUCT INFORMATION					NUTRITIONAL INFORMATION- PER 100G										NUTRITIONAL INFORMATION- PER SERVING									
	Pack size	INGREDIENTS (Allergens in BOLD)	Storage Information	Instructions for use	Serving size	ENERGY (KJ)	ENERGY (CAL)	FAT (g)	OF WHICH SATURATES (g)	CARBOHYDRATE 5 (g)	OF WHICH SUGARS (g)	FIBRE (g)	PROTEIN (g)	SALT (g)	ENERGY (KJ)	ENERGY (CAL)	FAT (g)	OF WHICH SATURATES (g)	CARBOHYDRATE 5 (g)	OF WHICH SUGARS (g)	FIBRE (g)	PROTEIN (g)	SALT (g)		
Purdeys Glass Bottle - Edge	330ml x 12	Ingredients: Fruit Juices From Concentrate (Grape 38%, Apple 12%, Blackberry 2%, Size 2%), Carbonated Spring Water (48%), Acid (Citric Acid), Botanical Extracts (Blackthorn, Hawthorn, Sakerose) (Senegal), Wormwood, Natural Colour (Anthocyanins), Natural Blackberry Flavouring with other Natural Flavourings, Vitamins (C, Niacin, Thiamin, B6, Riboflavin, B12).	Chiller		12	120	28	0	0	6.3	6.3	0	0	0	396	92.4	0	0	20.79	20.79	0	0	0		
Purdeys Glass Bottle - Bejovinate	330ml x 12	Ingredients: Fruit Juices From Concentrate (Grape 38%, Apple 13%), Carbonated Water, Botanical Extracts (Damiana, Oak Bark, Chinese Ginseng), Natural Flavourings, Acid (Citric Acid), Vitamins (C, Niacin, Thiamin, B6, Riboflavin, B12), Preservative (Potassium Sorbate).	Chiller		12	124	30	0	0	6.3	6.3	0	0	0	409.2	99	0	0	20.79	20.79	0	0	0		
<b>BAR MIXERS</b>																									
Coca-Cola 200ml	200ml	Ingredients: Carbonated Water, Sugar, Colour (Caramel E150d), Acid (Phosphoric Acid), Natural Flavourings Including Caffeine.	Best served chilled	Store cool and dry.	200ML	180	42	0	0	10.6	10.6	0	0	0	360	84	0	0	21	21	0	0	0		
Schweppes Lemonade 200ml	200ml	Ingredients: Carbonated Water, Sugar, Lemon Juice From Concentrate (2%), Acid (Citric Acid), Flavourings, Acidity Regulator (Sodium Citrate), Sweeteners (Aspartame, Sodium Saccharin), Preservative (Potassium Sorbate), Antioxidant (Ascorbic Acid).	Store cool and dry.	Best served chilled	200ML	78	18	0	0	4.2	4.2	0	0	0.04	156	36	0	0	8.4	8.4	0	0	0.08		
Schweppes Soda Water	200ml	Ingredients: Carbonated Water, Sodium Bicarbonate.	Store cool and dry.	Best served chilled	200ML	0	0	0	0	0	0	0	0	0.05	0	0	0	0	0	0	0	0	0.1		
Bnivo Cranberry Juice	200ml x 24	Ingredients: Water, Cranberry Juice From Concentrate (88%), Sugar, Preservatives (Sodium Benzoate, Potassium Sorbate), Natural Flavourings, Sweeteners (Aspartame, Acesulfame K), Natural Flavourings Including Caffeine, Acids (Phosphoric Acid, Citric Acid).	Chiller		24	188	44	0	0	11	11	0	0	0	376	88	0	0	22	22	0	0	0		
Diet Coke 200ml	200ml	Ingredients: Carbonated Water, Colour (Caramel E150d), Acid (Phosphoric Acid), Sweeteners (Aspartame, Acesulfame K), Natural Flavourings Including Caffeine, Acidity Regulator (Sodium Citrate).	Store cool and dry.	Best served chilled	200ML	1.6	0.4	0	0	0	0	0	0	0	3.2	1	0	0	0	0	0	0	0		
Coke Zero 200ml Bottle	200ml	Ingredients: Carbonated Water, Colour (Caramel E150d), Acid (Phosphoric Acid), Sweeteners (Aspartame, Acesulfame K), Natural Flavourings Including Caffeine, Acidity Regulator (Sodium Citrate).	Store cool and dry.	Best served chilled	200ML	1.4	0.3	0	0	0	0	0	0	0.02	2.8	1	0	0	0	0	0	0	0.04		
Schweppes Orange Juice 200ml	200ml	Ingredients: Orange Juice From Concentrate.	Store cool and dry.	Best served chilled	200ML	201	47	0	0	11.2	11.2	0	0	0	402	94	0	0	22	22	0	0	0		
Schweppes 1783 Tonic	200ml	Ingredients: Carbonated Water, Sugar, Citric Acid, Natural Flavourings Including Quinine.	Store cool and dry.	Best served chilled	200ML	195	46	0	0	11	11	0	0	0	312	74	0	0	8	18	0	0	0		
Schweppes 1783 Light Tonic	200ml	Ingredients: Carbonated Water, Agave Syrup, Fructose, Acid (Citric Acid), Natural Orange and Grapefruit Flavourings With Other Natural Flavourings Including Quinine.	Store cool and dry.	Best served chilled	200ML	84	20	0	0	4.8	4.6	0	0	0	168	40	0	0	9.6	9.2	0	0	0		
Schweppes 1783 Golden Ginger Ale	200ml	Ingredients: Carbonated Water, Sugar, Acid (Citric Acid), Natural Citrus And Ginger Flavourings With Other Natural Flavourings.	Store cool and dry.	Best served chilled	200ML	138	33	0	0	7.9	7.9	0	0	0.02	276	66	0	0	16	16	0	0	0.04		
Schweppes 1783 Cucumber	200ml	Ingredients: Carbonated Water, Sugar, Acid (Citric Acid), Natural Cucumber and Citrus Flavourings With Other Natural Flavourings Including Quinine, Antioxidant (Ascorbic Acid).	Store cool and dry.	Best served chilled	200ML	139	33	0	0	7.9	7.9	0	0	0	278	66	0	0	16	16	0	0	0		
Schweppes 1783 Sally Lemon Tonic	200ml	Ingredients: Carbonated Water, Sugar, Acid (Citric Acid), Sea Salt, Acidity Regulator (Sodium Citrate), Natural Lemon Flavouring With Other Natural Flavourings Including Quinine, Antioxidant (Ascorbic Acid).	Store cool and dry.	Best served chilled	200ML	140	33	0	0	7.7	7.7	0	0	0.29	280	66	0	0	15	15	0	0	0.58		
Coca-Cola Signature Mixers Smokey	200ml	Ingredients: Carbonated water, sugar, colour (E150d), acid (E338), natural flavourings (including caffeine).	Store cool and dry.	Best served ice cold or best served chilled	200ML	182	43	0	0	10.6	10.6	0	0	0	364	86	0	0	21.2	21.2	0	0	0		
Coca-Cola Signature Mixers Spicy	200ml	Ingredients: Carbonated water, sugar, colour (E150d), acid (E338), natural flavourings (including caffeine).	Store cool and dry.	Best served ice cold or best served chilled	200ML	182	43	0	0	10.6	10.6	0	0	0	364	86	0	0	21.2	21.2	0	0	0		
Coca-Cola Signature Mixers Herbal	200ml	Ingredients: Carbonated water, sugar, colour (E150d), acid (E338), natural flavourings (including caffeine).	Store cool and dry.	Best served ice cold or best served chilled	200ML	182	43	0	0	10.6	10.6	0	0	0	364	86	0	0	21.2	21.2	0	0	0		
Coca-Cola Signature Mixers Woody	200ml	Ingredients: Carbonated water, sugar, colour (E150d), acid (E338), natural flavourings (including caffeine).	Store cool and dry.	Best served ice cold or best served chilled	200ML	182	43	0	0	10.6	10.6	0	0	0	364	86	0	0	21.2	21.2	0	0	0		
<b>IMPULSE ICES</b>																									
Magnum Classic Ice Cream 110ml	110ml	Reconstituted skimmed MILK, sugar, cocoa butter, water, coconut oil, cocoa mass, glucose syrup, glucose-fructose syrup, whole MILK powder, whey solids (MILK), emulsifiers (SOY lecithin, E474, E471), exhausted vanilla bean pieces, stabilisers (E407, E410, E412), natural vanilla flavouring, (with MILK), flavouring, colour (E160a). May contain: almonds, Gluten Free. Rainforest Alliance Certified.	Store at -18 degrees C		110ml	1266	302	18	13	30	27		3.3	0.12	1000	239	14	10	24	21		2.6	0.1		
Magnum White Ice Cream 110ml	110ml	Reconstituted skimmed MILK, sugar, cocoa butter, water, coconut oil, glucose syrup, whole MILK powder, glucose-fructose syrup, whey solids (MILK), butter oil (MILK), skimmed MILK powder, emulsifiers (E471, E442, E476), exhausted vanilla bean pieces, stabilisers (E472, E410, E407), natural vanilla flavouring (with MILK), flavouring, colour (E160a). May contain: soy and almonds. Gluten Free. Rainforest Alliance Certified.	Store at -18 degrees C		110ml	1258	300	17	12	32	29		3.5	0.15	994	237	14	9.7	25	23		2.7	0.12		
Magnum Double Caramel Ice Cream 88ml	88ml	Reconstituted skimmed MILK, sugar, cocoa mass, glucose-fructose syrup, cocoa butter, whole MILK powder, glucose syrup, butter oil (MILK), whey solids (MILK), fat-reduced cocoa powder, emulsifiers (E471, E476, E442), stabilisers (E607, E412, E410), modified starch, colours (E151b, E160a), skimmed MILK powder, exhausted vanilla bean pieces, natural vanilla flavouring (with MILK), flavourings, salt, Gluten Free. Rainforest Alliance Certified.	Store at -18 degrees C		88ml	1408	338	20	14	36	33		3.2	0.17	1028	246	14	11	26	24		2.4	0.17		
Magnum Double Raspberry Ice Cream 88ml	88ml	Reconstituted skimmed MILK, sugar, raspberry puree (2%), glucose-fructose syrup, coconut oil, cocoa mass, cocoa butter, skimmed MILK powder or concentrate, whole MILK powder, glucose syrup, butter oil (MILK), fat-reduced cocoa powder, raspberry juice concentrate, modified starch, emulsifiers (E471, E442, E476), whey solids (MILK), stabilisers (E407, E412, E410), skimmed MILK powder or concentrate, carrot juice concentrate, flavourings, beetroot juice concentrate, acidity regulators (E270, E330, E331), salt, safflower concentrate, blackcurrant concentrate, lemon concentrate. Gluten Free. Rainforest Alliance Certified.	Store at -18 degrees C		88ml	1367	326	19	14	35	28		2.9	0.14	998	238	14	10	26	20		2.1	0.1		
Magnum White Cookies and Cream Ice Cream 90ml	90ml	Reconstituted skimmed MILK, sugar, cocoa butter, glucose syrup, cream (MILK) (6.5%), whole MILK powder, vegetable oils (sunflower, coconut), fructose, WHEAT Flour, butter oil (MILK), whey solids (MILK), skimmed MILK powder or concentrate, glucose-fructose syrup, emulsifiers (E471, E442, E476), stabilisers (E407, E412, E410), cocoa powder, salt, Flavourings, May contain: soy and almonds. Rainforest Alliance Certified.	Store at -18 degrees C		90ml	1330	317	18	12	34	28		4	0.21	1090	260	15	9.6	28	23		3.2	0.17		
Magnum Vegan Classic Ice Cream 90ml	90ml	Water, sugar, cocoa butter, cocoa mass, glucose syrup, coconut oil, glucose-fructose syrup, pea protein, flavourings, emulsifiers (sunflower lecithin, E471), exhausted vanilla bean pieces, stabilisers (E412, E410, E407), salt, colour (E160a). May contain: milk. Rainforest Alliance Certified.	Store at -18 degrees C		90ml	1383	330	20	14	34	28		1.6	0.11	982	234	14	9.9	24	20		1.1	0.08		
Ben & Jerry's Cookie Dough Ice Cream 100ml	100ml	Cream (MILK) (2%), water, condensed skimmed MILK, sugar, WHEAT Flour, brown sugar, free range EGG yolk, vegetable oils (coconut, fully refined soybean), butter (MILK), fat-reduced cocoa powder, whole EGG, cocoa mass, molasses, vanilla extract, stabilisers (guar gum, carrageenan), flavourings, salt, cocoa butter, emulsifier (SOY lecithin), natural butter flavouring (MILK), natural vanilla flavouring. Sugar, cocoa, vanilla: traded in compliance with Fairtrade Standards, total 21%.	Store at -18 degrees C		100ml	1158	276	16	9.9	30	25		4	0.14	880	210	12	7.5	23	19		3	0.11		
Ben & Jerry's Chocolate Fudge Brownie Ice Cream 100ml	100ml	Water, sugar, free range EGG yolk, whole EGG, EGG white, salt, stabilisers (guar gum, carrageenan), vanilla extract, BARLEY flour, raising agent (sodium bicarbonate), Sugar (including invert sugar), cocoa, vanilla: traded in compliance with Fairtrade Standards, total 29%.	Store at -18 degrees C		100ml	1062	253	12	7.4	31	28		4.2	0.21	807	192	9.3	5.7	24	21		3.2	0.16		
Ben & Jerry's Caramel Chew Ice Cream 100ml	100ml	Cream (MILK) (26%), water, sugar, condensed skimmed MILK, glucose syrup, vegetable oils (coconut, sunflower), free range EGG yolk, butter (MILK), whole MILK powder, reduced fat cocoa powder, skimmed MILK powder, stabilisers (guar gum, carrageenan), salt, emulsifier (SOY lecithin), acidity regulator (sodium bicarbonate, citric acid), natural vanilla flavouring, vanilla extract. May contain: nuts. Sugar, cocoa, vanilla: traded in compliance with Fairtrade Standards, total 20%.	Store at -18 degrees C		100ml	1158	276	16	11	30	27		3.5	0.18	904	215	12	8.6	23	21		2.7	0.14		
Ben & Jerry's Vanilla Ice Cream 100ml	100ml	CREAM (MILK) (26%), water, sugar, condensed skimmed MILK, sugar, free range EGG yolk, vanilla extract, stabilisers (guar gum, carrageenan). Sugar, vanilla: traded in compliance with Fairtrade Standards, total 15%.	Store at -18 degrees C		100ml	975	232	15	9.6	20	20		4	0.14	702	167	11	6.9	14	14		2.9	0.1		
Ben & Jerry's Moophoria Caramel Brownie Ice Cream 100ml	100ml	Reconstituted skimmed MILK, sugar, cream (MILK), glucose syrup, WHEAT flour, water, free range EGG yolk, fat-reduced cocoa powder, vegetable oils (fully refined soy, sunflower), invert sugar, EGG, EGG white powder, stabiliser (guar gum, locust bean gum), salt, vanilla extract, acidity regulator (citric acid), raising agents (sodium bicarbonate). Sugar (except for invert sugar), cocoa, vanilla: traded in compliance with Fairtrade standards, total 24%.	Store at -18 degrees C		100ml	883	210	6.4	3.5	33	23		4.7	0.15	512	122	3.7	2	19	14		2.7	0.09		



PRE PACKAGED FOOD & BEVERAGE ALLERGY MATRIX

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Products	PRODUCT INFORMATION				NUTRITIONAL INFORMATION- PER 100G							NUTRITIONAL INFORMATION- PER SERVING											
	Pack size	INGREDIENTS (Allergens in BOLD)	Storage Information	Instructions for use	Serving size	ENERGY (KJ)	ENERGY (CAL)	FAT (g)	OF WHICH SATURATES (g)	CARBOHYDRATE S (g)	OF WHICH SUGARS (g)	FIBRE (g)	PROTEIN (g)	SALT (g)	ENERGY (KJ)	ENERGY (CAL)	FAT (g)	OF WHICH SATURATES (g)	CARBOHYDRATE S (g)	OF WHICH SUGARS (g)	FIBRE (g)	PROTEIN (g)	SALT (g)
Ben & Jerry's Chunky Monkey Non Dairy Ice Cream 100ml	100ml	Water, glucose syrup, sugar, coconut oil, <b>WALNUTS</b> , banana puree(9%), brown sugar, glucose-fructose syrup, fat-reduced cocoa powder, <b>ALMOND</b> paste (2%), pea protein, emulsifiers (sunflower lecithin, <b>SOY</b> lecithin), stabilisers (guar gum, locust bean gum), vanilla extract, lemon juice from concentrate, natural flavourings. May contain other nuts, Sugar, cocoa, bananas, vanilla traded in compliance with Fairtrade Standards, total 10%	Store at - 18 degrees C		100ml	1150	273	15	8.8	33	27		2.3	0.05	909	216	12	7	26	21		1.8	0.05
Ben & Jerry's 'Wich Cookie Dough Ice Cream Sandwich 80ml	80ml	<b>Sugar</b> , <b>WHEAT</b> Flour, <b>CREAM</b> (1%), water, condensed skimmed <b>MILK</b> , <b>MILK</b> fat, Free range <b>EGG</b> yolk, cocoa mass, brown sugar, fat-reduced cocoa powder, <b>EGG</b> , <b>SOYBEAN</b> oil, raising agent (sodium bicarbonate), cocoa butter, molasses, salt, stabilisers (guar gum, locust bean gum), vanilla extract, natural <b>BUTTER</b> flavouring, natural vanilla flavouring, natural brown sugar flavour with other natural Flavourings, emulsifier ( <b>SOY</b> lecithin). May contain nuts and peanuts. Sugar, vanilla, cocoa traded in compliance with Fairtrade standards.	Store at - 18 degrees C		80ml	1413	337	14	9.3	47	30		4.7	0.26	918	219	9.1	6	31	20		3.1	0.17
Ben & Jerry's 'Wich Peanut Butter Ice Cream Sandwich 80ml	80ml	<b>Sugar</b> , <b>WHEAT</b> flour, water, cream ( <b>MILK</b> ) (12%), condensed skimmed <b>MILK</b> , butter ( <b>MILK</b> ), <b>PEANUTS</b> , vegetable oils (coconut, rapeseed, fully refined soybean, <b>PEANUT</b> ), fat-reduced cocoa powder (1.3%), free range <b>EGG</b> yolk, <b>MILK</b> powder, skimmed <b>MILK</b> powder, salt, cocoa powder, raising agent (sodium bicarbonate), stabilisers (guar gum, locust bean gum), emulsifier ( <b>SOY</b> lecithin), natural vanilla flavouring with other natural flavourings. May contain nuts, sugar, cocoa, vanilla, traded in compliance with Fairtrade Standards.	Store at - 18 degrees C		80ml	1587	379	20	11	43	28		6.3	0.51	1032	246	13	7.2	28	18		4.1	0.33
Carte D'or Strawberry Ice Cream 100ml	100ml	Reconstituted skimmed <b>MILK</b> , strawberry puree (2%), sugar, glucose-fructose syrup, coconut oil, whey solids ( <b>MILK</b> ), glucose syrup, skimmed <b>MILK</b> powder or concentrate, beetroot juice concentrate, lemon juice concentrate, carrot juice concentrate, emulsifier (mono- and diglycerides of fatty acids), stabilisers (carrageenan, locust bean gum, guar gum), natural flavouring, acidity regulator (citric acid), colour (curcumin). May contain gluten, eggs, nuts and peanuts.	Store at - 18 degrees C		100ml	701	167	5.9	5.3	25	23		2.8	0.14	350	84	2.9	2.7	13	11		1.4	0.07
Carte D'or Chocolate Ice Cream 100ml	100ml	Reconstituted skimmed <b>MILK</b> , glucose-fructose syrup, glucose syrup, sugar, coconut oil, water, fat-reduced cocoa powder (9%), cocoa mass (1.5%), whey solids ( <b>MILK</b> ), emulsifiers (mono- and diglycerides of fatty acids, ammonium phosphates), stabilisers (sodium alginate). May contain gluten, eggs, nuts and peanuts.	Store at - 18 degrees C		100ml	911	217	9.6	8.2	28	23		3.3	0.13	456	109	4.8	4.1	14	11		1.7	0.07
Wall's Calippo Orange Ice Lolly 105ml	105ml	Water, orange juice from concentrate (20%), sugar, glucose syrup, apple juice from concentrate (5%), fructose syrup, acidity regulator (citric acid), stabilisers (locust bean gum, tara gum), colour (spirulina extract, curcumin), flavouring. May contain <b>MILK</b> , Gluten free.	Store at - 18 degrees C		105ml	400	95	<-0.5	<-0/5	23	19		<+0.5	<-0.013	420	100	<+0.5	<-0.5	24	20		<+0.5	<-0.013
Wall's Twister Ice Cream Lolly 80ml	80ml	Water, sugar, reconstituted skimmed <b>MILK</b> , glucose syrup, lemon juice (4.5%), strawberry juice (4%), fructose syrup, maltodextrin, pineapple juice (1.4%), coconut oil, whey solids ( <b>MILK</b> ), glucose-fructose syrup, stabilisers (locust bean gum, guar gum, carrageenan), flavourings (contain <b>MILK</b> ), acidity regulator (citric acid), colours (chlorophylls, curcumin), elderberry juice concentrate, beetroot juice concentrate, emulsifier (mono- and diglycerides of fatty acids). Gluten free.	Store at - 18 degrees C		80ml	445	106	1.1	0.9	22	18		0.5	0.03	316	75	0.7	0.6	16	13		0.5	0.02
Corretto Strawberry Ice Cream Cone 120ml	120ml	Reconstituted skimmed <b>MILK</b> , sugar, strawberry puree (9%), <b>WHEAT</b> flour, vegetable oils (coconut, sunflower), glucose syrup, fructose, strawberry juice from concentrate (1%), fat-reduced cocoa powder, cocoa butter, emulsifiers (sunflower lecithin, mono- and diglycerides of fatty acids, ammonium phosphates), whole <b>MILK</b> powder, potato starch, stabilisers (locust bean gum, guar gum, carrageenan), salt, acidity regulator (citric acid), caramelised sugar syrup, beetroot juice concentrate, whey solids ( <b>MILK</b> ), flavourings (contain <b>MILK</b> ). May contain soy.	Store at - 18 degrees C		120ml	1072	256	10	8.4	38	25		2.1	0.18	804	192	7.8	6.3	28	19		1.6	0.14
Wall's Solero Exotic Ice Cream Lolly 90ml	90ml	Reconstituted skimmed <b>MILK</b> , sugar, water, peach puree (7%), glucose-fructose syrup, passion fruit juice (6%), pineapple juice from concentrate (6%), mango puree (6%), coconut oil, whey solids ( <b>MILK</b> ), stabilisers (locust bean gum, guar gum, carrageenan), emulsifier (mono- and diglycerides of fatty acids), colour (carotenes), acidity regulator (citric acid), natural flavouring (contains <b>MILK</b> ), Gluten free.	Store at - 18 degrees C		90ml	604	144	3	2.7	27	25		1.7	0.08	411	98	2.1	1.9	18	17		1.2	0.08
Kinder Bueno Ice Cream Cone 90ml	90ml	Reconstituted skimmed <b>MILK</b> , sugar, vegetable oils (coconut, sunflower in varying proportions), <b>WHEAT</b> Flour, cream ( <b>MILK</b> ), <b>HAZELNUT</b> paste (5%), water, glucose-fructose syrup, skimmed <b>MILK</b> powder, glucose syrup, whole <b>MILK</b> powder, whey solids ( <b>MILK</b> ), dextrose, fat-reduced cocoa powder, butter oil ( <b>MILK</b> ), cocoa mass, potato starch, emulsifiers (mono- and diglycerides of fatty acids, <b>SOYBEAN</b> lecithin, sunflower lecithin, ammonium phosphates), caramelised sugar syrup, stabilisers (locust bean gum, guar gum, carrageenan), cocoa butter, salt, flavouring. May contain eggs, other nuts.	Store at - 18 degrees C		90ml	1423	340	19	11	36	26		4.9	0.25	854	204	11	6.4	22	16		2.9	0.15
Kinder Ice Cream Stick 36ml	36ml	Pasteurised whole <b>MILK</b> , reconstituted skimmed <b>MILK</b> , sugar, glucose-fructose syrup, glucose syrup, cocoa butter, whole <b>MILK</b> powder, cream ( <b>MILK</b> ), fructose syrup, butter oil ( <b>MILK</b> ), cocoa mass, skimmed <b>MILK</b> powder or concentrate, emulsifiers (mono- and diglycerides of fatty acids, <b>SOY</b> lecithin), stabilisers (guar gum, locust bean gum, carrageenan), flavourings.	Store at - 18 degrees C		36ml	964	229	11	6.7	30	23		3.1	0.11	260	62	2.9	1.8	8.1	6.1		0.8	0.03
Magnum Ruby	90ml	Reconstituted skimmed <b>MILK</b> , sugar, water, cocoa butter (8%), skimmed <b>MILK</b> powder, glucose syrup, coconut oil, butter oil ( <b>MILK</b> ), fructose, raspberry puree(2%), whey concentrate ( <b>MILK</b> ), cocoa mass (1%), glucose-fructose syrup, emulsifier (E471, E322, E476, E442), whole <b>MILK</b> powder, stabilisers (E410, E412, E407), acidity regulator (E339). Flavourings. May contain soy and almonds.	Store at - 18 degrees C		90ml	1274	304	16	11	34	28		4.6	0.16	917	219	12	7.8	25	20		3.3	0.12
Magnum double chocolate and Strawberry	88ml	Reconstituted skimmed <b>MILK</b> , sugar, coconut oil, glucose-fructose syrup, cocoa mass, strawberry puree (5.5%), glucose syrup, cocoa butter, cream ( <b>MILK</b> ), whole <b>MILK</b> powder, fructose syrup, butter oil ( <b>MILK</b> ), strawberry juice concentrate (1.5%), whey solids ( <b>MILK</b> ), fat-reduced cocoa powder, modified starch, emulsifiers (E471, E476, E442), stabilisers (E410, E440, E412, E407), skimmed <b>MILK</b> powder, carrot juice concentrate, acidity regulators (E330, E331), lemon juice concentrate, salt flavourings. May contain soy and almond.	Store at - 18 degrees C		88ml	1390	332	20	14	33	26		3.1	0.12	1015	242	15	10	24	19		2.3	0.09
Corretto mermaid	120ml	Reconstituted skimmed <b>MILK</b> , sugar, raspberry puree (11%) <b>WHEAT</b> flour, vegetable oils (coconut, sunflower), glucose syrup, raspberry juice from concentrate (3%), lemon juice from concentrate, fructose, cocoa butter, fat-reduced cocoa powder, potato starch, whole <b>MILK</b> powder, emulsifiers (mono- and diglycerides of fatty acids, sunflower lecithin, ammonium phosphates), <b>SOYBEAN</b> lecithin, stabilisers (locust bean gum, guar gum, carrageenan), acidity regulator (citric acid), sweet potato juice concentrate, salt, matcha green tea powder, beetroot juice concentrate, flavourings, purple carrot juice concentrate, <b>WHEAT</b> starch, apple juice concentrate, glazing agents (guar gum, acacia, shellac), whey solids ( <b>MILK</b> ), malted <b>WHEAT</b> flour, rice flour, spirulina, raising agents (sodium bicarbonate, ammonium bicarbonate). May contain: egg, barley, almonds, hazelnuts and walnuts.	Store at - 18 degrees C		120ml	1046	250	9.4	7.2	38	28		2	0.17	827	197	7.4	5.7	30	22		1.6	0.13
Sharing bags of cookie dough chunks	170ml	<b>WHEAT</b> flour, brown sugar, sugar, butter ( <b>MILK</b> ), fully refined soybean oil, <b>EGG</b> , water, cocoa mass, molasses, vanilla extract, salt, cocoa butter, emulsifier ( <b>SOY</b> lecithin). Sugar, cocoa, vanilla, mass balance is used to match Fairtrade sourcing, total 40%.	Store at - 18 degrees C		28g	1769	423	15	6.7	67	40		4	0.43	495	118	4.3	1.9	19	11		1.1	0.12
Cone Together 100ml	100ml	Cream ( <b>MILK</b> ) (24%), sugar, water, condensed skimmed <b>MILK</b> , glucose syrup, Free range <b>EGG</b> yolk, <b>WHEAT</b> Flour, cocoa butter, whole <b>MILK</b> powder, butter ( <b>MILK</b> ), cocoa mass, salt, vanilla extract, vegetable oils (sunflower, rapeseed), skimmed <b>MILK</b> powder, stabilisers (pectin, guar gum, carrageenan), cocoa powder, lactose ( <b>MILK</b> ), <b>BANLEY</b> malt extract, <b>MILK</b> protein, natural vanilla flavouring, emulsifier ( <b>SOY</b> lecithin), raising agent (sodium carbonate). May contain almond, hazelnut and walnut.	Store at - 18 degrees C		100ml	1153	272	15	9.3	31	28		4.2	0.42	865	204	11	7	23	21		3.1	0.32
BAJ Mophoria Choc Cookie Dough 100ml	100ml	Reconstituted skimmed <b>MILK</b> , sugar, condensed skimmed <b>MILK</b> , glucose syrup, cream ( <b>MILK</b> ), cocoa powder (5.5%), <b>WHEAT</b> flour, brown sugar, Free range <b>EGG</b> yolk, butter ( <b>MILK</b> ), fully refined soybean oil, <b>EGG</b> , chocolate mass, water, molasses, stabilisers (guar gum, locust bean gum), vanilla extract, cocoa butter, salt, emulsifier ( <b>SOY</b> lecithin). Sugar, cocoa, vanilla, traded in compliance with Fairtrade standards, total 24%.	Store at - 18 degrees C		100ml	883	210	6.4	3.5	33	23		4.7	0.15	512	122	3.7	2	19	14		2.7	0.09



PRE PACKAGED FOOD & BEVERAGE ALLERGY MATRIX

Latest Update:

17/12/2020

Effort is made to keep this information up to date, from time to time there may be changes to product ingredients. Please note - not all products are available in all cinemas and some promotional, regional and trial products may not be listed. If you have any queries about the information provided contact ODEON Guest Services (Email: GS@Odeon.co.uk Post: FREEPOST ODEON)

Products	PRODUCT INFORMATION					NUTRITIONAL INFORMATION- PER 100G								NUTRITIONAL INFORMATION- PER SERVING										
	Pack size	INGREDIENTS (Allergens in BOLD)	Storage Information	Instructions for use	Serving size	ENERGY (KJ)	ENERGY (CAL)	FAT (g)	OF WHICH SATURATES (g)	CARBOHYDRATE S (g)	OF WHICH SUGARS (g)	FIBRE (g)	PROTEIN (g)	SALT (g)	ENERGY (KJ)	ENERGY (CAL)	FAT (g)	OF WHICH SATURATES (g)	CARBOHYDRATE S (g)	OF WHICH SUGARS (g)	FIBRE (g)	PROTEIN (g)	SALT (g)	
Don Jacobo Rioja Crianza, Bodegas Corral Bottle																								
Short Mile Dry Chardonnay Bottle																								
Solstice Pinot Grigio Bottle																								
Marchesi Ercani Pinot Grigio, Pavia Bottle																								
Olea Terra Sauvignon Blanc Bottle																								
Southern Rivers Sauvignon Blanc Bottle																								
La Campagne Sauvignon Blanc, France Bottle																								
Fonte Della Vigna Pinot Grigio Bottle																								
Cravel & Loam Sauvignon Blanc Bottle																								
Berri Estates unaged Chardonnay Bottle																								
Paro & Lola Lolo Tree Albarino, Rias Baixas Bottle																								
Solstice Pinot Grigio Rosé Bottle																								
Wicked Lady White Zinfandel Bottle																								
Vendange White Zinfandel Bottle																								
Antonio Rubini Pigot Grigio Rose, Pavia Bottle																								
Delicat Rosé, Côtes de Thau Bottle																								
Don Jacobo Rioja Reserva, Bodegas Corral Bottle																								
Côtes de Provence Rosé, Héritage, Estandon Bottle																								
Santa Fosca Prosecco Bottle																								
Marchesi Prosecco Frizzante Bottle																								
Alberto Nanni Prosecco Organic Bottle																								
Fantinel Prosecco Extra Dry Bottle																								
Veuve Clicquot Yellow Label Brut NV Bottle (37.5cl)																								
Bottega Gold Prosecco Brut NV Bottle																								
Bottega Rose Gold NV Bottle																								
Chapel Down Classic Brut, England Bottle																								
Mosè & Chandon Brut Impérial NV Bottle																								
Mosè & Chandon Rosé Impérial NV Bottle																								
Mosè & Chandon Grand Vintage Brut Bottle																								
Dom Perignon 2009 Bottle																								
MC Bottega Rose Gold NV																								
MC Mosè & Chandon Brut Impérial NV																								
<b>PRE-MIXED SPIRITS</b>																								
Gordon's Gin and Schweppes Seltone Tonic 250ml																								
Sternoff Ice 4% 24 x 275ml																								
Gordons Pink Gin & Tonic 250ml																								
Sternoff Red Label Vodka and Cola 250ml																								
Captain Morgan & Cola Premixed Can 5% 12 x 250ml																								
Gordons Gin & Tonic Premixed Can 6.4% 12 x 250ml																								
Jack Daniels & Cola Cans 330ml																								
Captain Morgan White Rum Mojito 250ml																								
Pirnims & Lemonade Can																								
<b>SPIRITS</b>																								
Gordons																								
Gordons Pink																								
Beefeater Gin																								
Bombay Saffire																								
Portobello Road No. 171 Gin 70cl																								
Tanqueray Saville																								
Tanqueray London Dry																								
Tanqueray 10																								
Edinburgh Gin																								
Spinnaker London Dry Gin																								
Brockmans Premium Gin 70cl																								
Slingsby London Dry Gin																								
Slingsby Rhubarb Gin																								
Hendrick's Gin 70cl																								
Monkey 47																								
Sternoff																								
Abanaki Blue																								
Belvedere Vodka																								
Katana																								
Katana Citron																								
Ciro's French Vanilla																								
Grey Goose																								
Johnnie Walker Black																								
Monkey Shoulder 70cl																								
Chivas																								
Gen Morgan's Original																								
Jura 10yo																								
Laphroaig 10 year old																								
Johnnie Walker Gold																								
Nectar d'Or																								
Jack Daniels																								
Bulleit																								
Hennessey Cognac VS																								
Courvoisier																								
Captain Morgan spiced gold																								
Panoply Blanco																								
Bacardi Carta Blanca																								
Martell																								
Havana Club 7 Year Old 70cl																								
Ron Zappa 23yr old																								
Jose Cuervo Especial Gold Tequila																								
Don Julio Reposado																								
Martin Blanco vermouth																								
Aperol																								
Archers																								
Southern Comfort																								
Contreras																								
Chambord																								
Edinburgh Rhubarb & Ginger Liqueur																								
<b>Cocktails</b>																								

For all our products available from our Franchise Partners, Costa, Coffee Republic and Croms currently being served in our Odeon Costa stores. If you can please select the links on the Allergen webpage to print off the necessary Nutritional and Allergen Information. Please note this data is accurate up until the point where the products enter the store. Once displayed/heated the allergen status of the products is likely to change.

PRE PACKAGED FOOD & BEVERAGE ALLERGY MATRIX

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